

Bender's Foods

Deli • Fresh Meat • Produce • Liquor • Cold Beer

www.bendersfoods.com



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facebook



USDA
CHOICE
Grade 1



Serving you in 4 locations!

Proud to be locally owned & operated

400 S. Second Street | Bellevue, IA 52031 | (563)872-3212

Store Hours: 7AM-9PM • 7 Days a Week



4.99

SMITHFIELD SEASONED PORK
TENDERLOINS, LOIN FILETS

18.4-23 Oz., Selected Varieties

Boneless Chicken Tenders
Previously Frozen

3.69 lb.

80% Lean Fresh Beef Patties
Cut Fresh Daily

5.49 lb.

Bone In Pork Sirloin
End Roast

1.59 lb.



1.79 lb.

Whole Bagged Chicken
Tyson



4.99 lb.

80% Lean Ground Beef
Market Fresh, Family Pack



1.79 lb.

Bone In Pork Sirloin End Chops
Family Pack



128 Oz.
Selected Varieties
Zeigler
Apple Cider

5.99



2.29 lb.

California
Red, Green or
Black Seedless
Grapes



2/\$5

3 Lb. Bag, Michigan
McIntosh, Fuji, Gala,
Red or Gold Delicious,
Jonathan or Jonagold Apples



5.99

Sea Pak Breaded Shrimp,
Clam Strips or Calamari
8.2-10 Oz., Selected Varieties



5.99

Farm Rich Appetizers
14.3-22 Oz., Selected Varieties



10/\$10

Red Gold Tomatoes, Sauce,
Puree, Paste, Beans or
Sloppy Joe Sauce
6-15 Oz., Selected Varieties



10/\$10

Banquet Basics Dinners,
Fruit or Pot Pies or
Swanson Pot Pies
4.85-7 Oz., Selected Varieties



2/\$6

Kraft Cracker Cuts or Cubes
6.4-7 Oz., Selected Varieties



2/\$4

General Mills Cereal
8.9-11.2 Oz., Selected Varieties



2.99

Post Honey Bunches of Oats
or Raisin Bran Cereal
11-16.6 Oz., Selected Varieties



2/\$5

Kraft Natural Slices, Shreds,
Chunks or Crumbles
5-8 Oz., Selected Varieties



4/\$5

SpaghettiO's Pasta
15.6-15.8 Oz., Selected Varieties



4.99

DiGiorno Pizza
14.1-29.3 Oz., Selected Varieties



7.49

Angel Soft Bath Tissue or
Sparkle Paper Towels
4-8 Rl., Selected Varieties



11.97

Pepsi
Products
24 Pk./12 Oz. Cans., Selected Varieties



2/\$11

Bubbl'r
Sparkling Water
6 Pk./12 Oz. Cans, Selected Varieties



2/\$7

Village Hearth Honey Wheat
or Wheat Bread
20 Oz.



2/\$7

Prairie Farms Cottage Cheese
24 Oz., Selected Varieties



2/\$7

Best Choice Sugar
4 Lb.



4/\$5

Best Choice Cream Soup
10.5 Oz., Selected Varieties



2/\$4

Best Choice Saltines
or Oyster Crackers
9-16 Oz., Selected Varieties



1.39

Shullsburg Bagels
5 Ct., Selected Varieties



4.49

Nestle Drumsticks, Oreo Ice Cream Sandwiches,
Frollies Fruit Bars or Kit Kat Cones
4-9 Ct., Selected Varieties



2.99

Blue Ribbon Classics
Frozen Dairy Dessert
48 Oz., Selected Varieties



3.99

Frito-Lay Cheetos or Tostitos
5.5-13 Oz., Selected Varieties



2/\$5

Frito-Lay XL Lay's
5-8 Oz., Selected Varieties

Not all flavors and/or items available at all locations.

Prices Effective
October 2025

wed 22

thurs 23

fri 24

sat 25

sun 26

mon 27

tues 28

Due to uncertainty from manufacturers across the supply chain we cannot guarantee availability or offer rain checks at this time. Thank you for your understanding.
We reserve the right to limit quantities and correct typographical and pictorial errors. No sales to dealers. Thank you.

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GROCERY FAVORITES

Hormel no Beans Chili
15 Oz., Selected Varieties



Hormel Chili with Beans
15 Oz.

2/\$5

1.99

Chick-fil-A Sauce
16 Oz., Selected Varieties



Chick-fil-A Sauce
16 Oz., Selected Varieties

2/\$7

Ocean Spray Cranberry Juice
64 Oz., Selected Varieties



Ocean Spray Cranberry Juice
64 Oz., Selected Varieties

3.49

Barilla Pasta or Sauce
6.5-24 Oz., Selected Varieties



Bertolli Pasta or Pizza Sauce
15-24 Oz., Selected Varieties

2/\$6

Hunt's Snack Pack Pudding or Gelatin
4 Ct., Selected Varieties



Kraft Macaroni & Cheese or Spirals
4-5 Pk.

3/\$5

4.99

Campbell's Soup
15.25-19 Oz., Selected Varieties



Campbell's Soup
15.25-19 Oz., Selected Varieties

2/4.50

Glory Vegetables
15 Oz., Selected Varieties



Bear Creek Dry Soup Mix
7.9-11.5 Oz., Selected Varieties

3/\$5

3.79

Tabasco Hot Sauce
5-11 Oz., Selected Varieties



Hidden Valley Ranch Salad Dressing
20-24 Oz., Selected Varieties

3.29

4.99

Starbucks Ground Coffee
18 Oz., Selected Varieties



Dunkin' or Folgers K-Cup or Ground Coffee
7-12 Oz. or 10 Ct., Selected Varieties

13.99

8.49

Wendy's No Bean Chili
15 Oz.



Wendy's Chili with Beans
15 Oz.

4.99

4.49

Idahoan Potatoes
4-4.1 Oz., Selected Varieties



Idahoan Potatoes
4-4.1 Oz., Selected Varieties

2/\$3

Carroll Shelby Chili Kit
3.65 Oz.



McCormick Chili Seasoning
1-1.25 Oz., Selected Varieties

2.99

4/\$5

Popeye Spinach
13.5 Oz.



Famous Dave's Cornbread Mix
15 Oz.

1.69

2/\$5

Mazola Cooking Spray
6 Oz., Selected Varieties



Mazola Cooking Spray
6 Oz., Selected Varieties

2.99

StarKist Chicken or Beef Creations
2.6 Oz., Selected Varieties



StarKist Chicken or Beef Creations
2.6 Oz., Selected Varieties

2/\$3

Jiffy Baking Mix
40 Oz.



Jiffy Pancake Mix
32 Oz.

3.49

2.49

Kraft Caramels
11 Oz., Selected Varieties



Swiss Miss Cocoa
6-8 Ct., Selected Varieties

2/\$5

2.99

Nissin Cup Noodles
2.25 Oz., Selected Varieties



Rao's Soup
16 Oz., Selected Varieties

2/89¢

3.49

V8 Splash
64 Oz., Selected Varieties



V8 Splash
64 Oz., Selected Varieties

2/\$4



Nissin Bowls or Chow Mein
2.89-4 Oz., Selected Varieties



Best Choice Baking Soda
16 Oz.



Creamette Pasta
12-16 Oz., Selected Varieties



Bush's Best Chili Beans or Chili Magic
15.5-16 Oz., Selected Varieties



Best Choice Yellow Mustard
8 Oz.



Best Choice Gravy
10.5 Oz., Selected Varieties



Crunch 'n Munch Popcorn
3.5 Oz., Selected Varieties



Best Choice Long Grain Rice
16 Oz., Selected Varieties

HOME & HEALTH

Bounce or Gain Dryer Sheets
60 Ct.



Tide Simply Liquid Laundry Detergent
31-32 Oz., Selected Varieties

2.99

3.99

Cascade Action Pacs
9-16 Ct., Selected Varieties



Dawn EZ Squeeze Dish Soap
18-22 Oz., Selected Varieties

4.99

3.99

Air Wick Essential Mist, Scented Oil or Freshmatic Refills
5.89 Oz. or 1-2 Ct., Selected Varieties



Chinet Plates or Bowls
24-60 Ct., Selected Varieties

4.99

6.49

Lysol Disinfecting Spray
12.5 Oz., Selected Varieties



5.49

9Lives Wet Cat Food
4 Ct., Selected Varieties

2/\$6

9.99

Arm & Hammer Cat Litter
14-20 Lb., Selected Varieties



Arm & Hammer Cat Litter
14-20 Lb., Selected Varieties

9.99

Mucinex Cough Drops
20 Ct., Selected Varieties



2.99

Mucinex Cough & Cold Tablets or Liquid
20 Ct., Selected Varieties

15.99

10.99

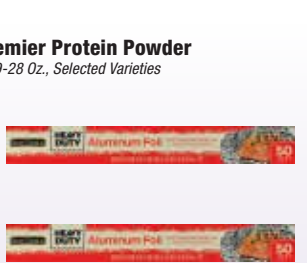
Nature's Recipe Dog Food
4 Lb., Selected Varieties



Nature's Recipe Dog Food
4 Lb., Selected Varieties

10.99

Evolve Plant Based Protein Powder
1 Lb., Selected Varieties



22.99

Premier Protein Powder
23.9-28 Oz., Selected Varieties

25.99

4.29

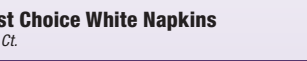
Best Choice Aluminum Foil
50-75 ft., Selected Varieties



Best Choice Aluminum Foil
50-75 ft., Selected Varieties

4.29

Best Choice White Napkins
250 Ct.



Best Choice White Napkins
250 Ct.

2.99

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DON'T MISS OUT ON THESE GREAT SAVINGS!

Chock Full o'Nuts
or Hills Bros Coffee
30.5 Oz., Selected Varieties



13.99

Maxwell House
Coffee
10.3-11.5 Oz.,
Selected Varieties

6.49

Splash Blast Water
6 Pk., Selected Varieties



2/\$5

3.99
Capri-Sun 100% Juice
10 Ct., Selected Varieties



2.99
Stauffer's Animal Crackers
14.5-16 Oz., Selected Varieties

Moore's Wing Sauce or
Marinade
16 Oz., Selected Varieties

2.99



Hostess
Snacks
6-10 Ct. or 8.25-16.5 Oz.,
Selected Varieties

2/\$6

Keebler Tray Packs
20 Ct., Selected Varieties



2/\$5
Wonder Snacks
6-10.5 Oz. or 6 Ct., Selected Varieties



2/\$5
Pace Salsa or Picante Sauce
16 Oz., Selected Varieties

Sensible Portions Veggie Based
Chips, Puffs, or Straws
3-7 Oz., Selected Varieties

2.99

Victor Allen or Trilliant
K-Cup or RTD Iced Coffee
13.7 Oz., Selected Varieties

2/\$5

Duncan Hines Frosting
14-16 Oz., Selected Varieties



2.29

Duncan Hines
Cake or
Brownie Mix
15.25-18.3 Oz., Selected Varieties

2/\$3

Quaker Quick or
Old Fashioned Oats
42 Oz.



5.99

6.49
Mott's Apple Juice
128 Oz.

Pure Life Water
1 Gal.



3/\$5

2/\$3
Pure Life Water
6 Pk.

Mt. Olive Majestic Pickles,
Carrots, or Mushrooms
16-24 Oz., Selected Varieties

2/\$7



Nabisco
Family Size Oreos
10.68-18.71 Oz.,
Selected Varieties

4.99

Hershey's Party Size Bags
30.04-35.9 Oz., Selected Varieties



4/\$5
Mars Singles Candy
1.08-2.17 Oz., Selected Varieties



2/\$4
Dole Pineapple or Juice
15.25-20 Oz., Selected Varieties

Q Tonics Club Soda or Tonic Water
8 Pk.

7.99

DAIRY & FROZEN



Florida's
Natural Juice
52 Oz.,
Selected Varieties

4.49



1.99
Turkey Hill Tea
or Lemonade
64 Oz.,
Selected Varieties



4.49
Almond Breeze
Milk
96 Oz., Selected Varieties



10/\$12
Dannon Light + Fit,
Oikos or Too Good
Greek Yogurt
4.5-5.3 Oz., Selected Varieties



3.49
Bays English
Muffins
6 Ct., Selected Varieties



3.99
Egg Beaters
Egg Whites
16 Oz.



2.49
Best Choice
Ricotta Cheese
15 Oz., Selected Varieties



1.99
Best Choice Soft
Cream Cheese
8 Oz., Selected Varieties

Tropicana Twister
11 Oz., Selected Varieties



5/\$5

Daisy
Sour Cream or
Cottage Cheese
6-8 Oz.,
Selected Varieties

3/\$4



3.99
Land O Lakes
Butter
8-16 Oz.,
Selected Varieties



2/\$7
International
Delight Creamer
32 Oz., Selected Varieties



2/\$7
Pillsbury Cookies,
Grands! Crescents,
Pull Apart Bread
or Pizza Crust
8-16.8 Oz., Selected Varieties



5.99
Rana Pasta
20 Oz.,
Selected Varieties



4.19
Best Choice
Spread
45 Oz.



2.49
Best Choice
Yogurt
32 Oz., Selected Varieties



2.99
Best Choice
Grated Parmesan
Cheese
8 Oz., Selected Varieties



Eggo Waffles
or Pancakes
6-40 Ct. or 9.3 Oz.,
Selected Varieties

2.99



3.99
Ore-Ida Frozen
Potatoes
19-32 Oz.,
Selected Varieties



2.99
Pepperidge Farm
Bread
10-11.75 Oz. or 6-8 Ct.,
Selected Varieties



5.49
Pepperidge Farm
Cakes
19.6 Oz.,
Selected Varieties



6.99
Best Choice
Pizza Bites
45 Oz., Selected Varieties



3.99
Healthy Choice
Simply Steamers
9-10 Oz.,
Selected Varieties



4.99
SuperPretzel
Pretzel Dogs
9.6 Oz.



2/\$6
Pillsbury
Pie Crusts
2 Ct.,
Selected Varieties

P.F. Chang's Sides
10-16 Oz., Selected Varieties



3.99

P.F. Chang's
Entrees
18-22 Oz.,
Selected Varieties

7.99



2/\$5
Birds Eye
Vegetables
10-14.4 Oz.,
Selected Varieties



3.99
Atkins Beef
Merlot Entree
9 Oz.



4.49
Best Choice
Frozen Skillet
Meals
21 Oz., Selected Varieties



2/\$5
Kid Cuisine
Dinners
8.65-8.8 Oz.,
Selected Varieties



3.99
Pepperidge Farm
Turnovers
12.5 Oz.



3/\$10
Tony's Pizzeria
Pizza
12 inch,
Selected Varieties



2/\$6
Pillsbury
Grands! Frozen
Biscuits
12 Ct., Selected Varieties

PREMIUM QUALITY MEATS



JIMMY DEAN
SLICED BACON

12 Oz., Selected Varieties

3⁴⁹



5⁴⁹ lb.
Bottom Round Roast
USDA Choice

Lean Stew Meat 6.49 lb.



8⁹⁹ lb.
Boneless
Top Sirloin Steaks
Family Pack, USDA Choice



Beef Cube Steak
Family Pack

5.99 lb.
Bottom Round
Steak
USDA Choice



2.49 lb.
Pork
Spare Ribs
Lean & Meaty



Oscar Mayer Value Lunchables
1.3-1.9 Oz., Selected Varieties

6.99 lb.
3.99
Oscar Mayer Deli Fresh
Shaved, Select, Strips and
Carving Board Lunch Meats
6-9 Oz., Selected Varieties



1.00
Armour
LunchMakers
2.44-2.9 Oz.,
Selected Varieties



8.99
Wright Brand
Stack Pack
Sliced Bacon
24 Oz., Selected Varieties



Johnsonville Ground Pork
16 Oz., Selected Varieties

3.99
Johnsonville Fresh
or Fully Cooked
Breakfast Sausage
Links & Patties
9.6-12 Oz., Selected Varieties



2/\$7
Hormel
Side Dishes
19-20 Oz.,
Selected Varieties



Hormel Fully Cooked Entrees
15 Oz., Selected Varieties

3.99
6.99
Hormel Fully
Cooked Entrées
15 Oz., Selected Varieties
7.99

Bar-S Franks
16 Oz., Selected Varieties

2/\$3

Bar-S Sliced Bologna
16 Oz., Selected Varieties

2/\$4

Tyson Breaded Chicken
Nuggets and Patties
23-29 Oz., Selected Varieties

6.99

Holten Extra Value
Beef Patties
4 lb.

11.99

Jimmy Dean Family Pack
Pancake Sausage
30 Oz., Selected Varieties

8.99

Ball Park
Angus Beef Franks
14 Oz., Selected Varieties

5.99

Curly's Bar B Q
16 Oz., Selected Varieties

4.99

Curly's Baby Back Ribs
24 Oz.

11.99

Moo & Oink Sausage
Links & Patties
32 Oz., Selected Varieties

9.99

Tennessee Pride
Sausage Patties
40 Oz., Selected Varieties

9.99

Van de Kamp's Battered & Breaded
Fish Tenders, Fillets, Sticks
18-24.6 Oz., Selected Varieties

4.99

PRODUCE FRESH PICKS



Washington
Bartlett
Pears
1.49 lb.

3⁴⁹

2 Lb. Bag, Imported
Poppies
Mandarins



3 Ct.
Selected Varieties
Affy Tapple
Caramel Apples
4⁹⁹

3⁴⁹

16 Oz., Selected Varieties
The Little
Potato Company
Potatoes



Lemons or
Limes
3/\$2



Hass
Avocados
79¢ ea.



8 Oz.
Taylor Farms
Snap or
Snow Peas
2/\$7

Acorn, Butternut,
Spaghetti, Sweet Dumpling,
Turban, Carnival or
Kabocha Squash

89¢ lb.

Jumbo
Yellow, Red
or White Onions

99¢ lb.

5-11 Oz.
Selected Varieties
Dole
Salad Blends

2/\$4



10-12 Oz.
Selected Varieties
Taylor Farms
Vegetables



2/\$6



Hothouse
Beefsteak
Tomatoes

1.49 lb.

8 Lb. Bag
Dole Idaho
Potatoes
2⁹⁹



Hass
Green
Avocados
1²⁹ ea.



Hothouse, Jumbo
Red, Yellow
or Orange
Bell Peppers

2/\$3



2/\$10

Brew Pub Lotzza Motzza Pizza
12 Inch, Selected Varieties



2/\$6

Old Dutch Pretzels, Puffcorn
or Popcorn
6-15 Oz., Selected Varieties



23.99

Budweiser Products
24 Pk./12 Oz. Cans, Selected Varieties



17.99

Natty Light or Rolling Rock
30 Pk./12 Oz. Cans

Deli & Bakery

Not Available at
All Locations.



Kretschmar
Smoked Ham
Sliced to Order, Selected Varieties

6.49 lb.



Kretschmar
American Cheese
Sliced to Order

5.99 lb.



Stonefire Artisan
Thin Pizza Crust
16.2 Oz.

3.99



Scott Pete
Deli Veal Bologna
Sliced to Order

3.99 lb.



La Terra Fina
Quiche
23 Oz., Selected Varieties

12.99



Sabra
Hummus
10 Oz., Selected Varieties

2/\$6



Café Valley
Muffins
4 Ct., Selected Varieties

4.49



Pretzella
Buns
4-6 Ct., Selected Varieties

4.99



Brothers Baking Company
Mini Donut Tubs
13 Oz., Selected Varieties

3.99



Best Choice
Cookies
14 Oz., Selected Varieties

5.49



King's Hawaiian Sweet
Round Bread
16 Oz.

5.99



JJ's
Snack Pie
4 Oz., Selected Varieties

3/\$2