

Bender's Foods

Deli • Fresh Meat • Produce • Liquor • Cold Beer

www.bendersfoods.com



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USDA
CHOICE
Grade 1



Serving you in 4 locations!

Proud to be locally owned & operated

619 S. Hwy 52 | Guttenberg, IA 52052 | (563)252-1410

Store Hours: 7AM-9 PM • 7 Days a Week



4⁹⁹

**SMITHFIELD SEASONED PORK
TENDERLOINS, LOIN FILETS**

18.4-23 Oz., Selected Varieties

Boneless Chicken Tenders
Previously Frozen

3.69 lb.

80% Lean Fresh Beef Patties
Cut Fresh Daily

5.49 lb.

**Bone In Pork Sirloin
End Roast**

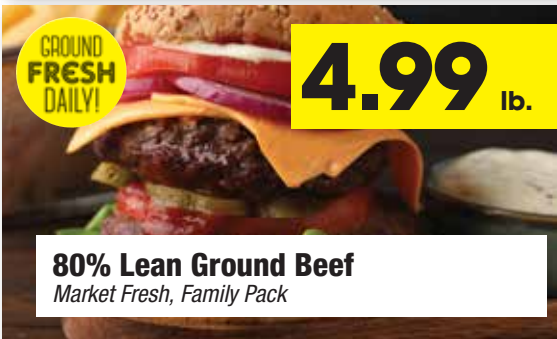
1.59 lb.



1.79 lb.

Whole Bagged Chicken

Tyson



GROUND
FRESH
DAILY!

4.99 lb.

80% Lean Ground Beef

Market Fresh, Family Pack



1.79 lb.

Bone In Pork Sirloin End Chops

Family Pack



128 Oz.
Selected Varieties

**Zeigler
Apple Cider**

5⁹⁹

2²⁹ lb.

California
**Red, Green or
Black Seedless
Grapes**



2/\$5

3 Lb. Bag, Michigan
**McIntosh, Fuji, Gala,
Red or Gold Delicious,
Jonathan or Jonagold Apples**

**Sea Pak Breaded Shrimp,
Clam Strips or Calamari**

8.2-10 Oz., Selected Varieties

5.99



5.99

Farm Rich Appetizers

14.3-22 Oz., Selected Varieties



10/\$10

**Red Gold Tomatoes, Sauce,
Puree, Paste, Beans or
Sloppy Joe Sauce**

6-15 Oz., Selected Varieties



10/\$10

**Banquet Basics Dinners,
Fruit or Pot Pies or
Swanson Pot Pies**

4.85-7 Oz., Selected Varieties

Kraft Cracker Cuts or Cubes

6.4-7 Oz., Selected Varieties

2/\$6



2/\$4

General Mills Cereal

8.9-11.2 Oz., Selected Varieties

SAVE \$2 WHEN
YOU BUY 2
QUANTITIES LESS
THAN 2 ARE \$3 EA.



2.99

**Post Honey Bunches of Oats
or Raisin Bran Cereal**

11-16.6 Oz., Selected Varieties



2/\$5

**Kraft Natural Slices, Shreds,
Chunks or Crumbles**

5-8 Oz., Selected Varieties



4/\$5

SpaghettiO's Pasta

15.6-15.8 Oz., Selected Varieties



4.99

DiGiorno Pizza

14.1-29.3 Oz., Selected Varieties



7.49

**Angel Soft Bath Tissue or
Sparkle Paper Towels**

4-8 Rl., Selected Varieties



11.97

**Pepsi
Products**

24 Pk./12 Oz. Cans., Selected Varieties



2/\$11

**Bubbl'r
Sparkling Water**

6 Pk./12 Oz. Cans, Selected Varieties



2/\$7

**Village Hearth Honey Wheat
or Wheat Bread**

20 Oz.



2/\$7

Prairie Farms Cottage Cheese

24 Oz., Selected Varieties



2/\$7

Best Choice Sugar

4 Lb.



4/\$5

Best Choice Cream Soup

10.5 Oz., Selected Varieties



2/\$4

**Best Choice Saltines
or Oyster Crackers**

9-16 Oz., Selected Varieties



1.39

Shullsburg Bagels

5 Ct., Selected Varieties



4.49

**Nestle Drumsticks, Oreo Ice Cream Sandwiches,
Frollies Fruit Bars or Kit Kat Cones**

4-9 Ct., Selected Varieties



2.99

**Blue Ribbon Classics
Frozen Dairy Dessert**

48 Oz., Selected Varieties

Frito-Lay Cheetos or Tostitos

5.5-13 Oz., Selected Varieties

3.99



2/\$5

Frito-Lay XL Lay's

5-8 Oz., Selected Varieties

**Not all flavors and/or items
available at all locations.**

**Prices Effective
October 2025**

wed
22

thurs
23

fri
24

sat
25

sun
26

mon
27

tues
28

Due to uncertainty from manufacturers across the supply chain we cannot guarantee availability or offer rain checks at this time. Thank you for your understanding.

We reserve the right to limit quantities and correct typographical and pictorial errors. No sales to dealers. Thank you.

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GROCERY FAVORITES

Hormel no Beans Chili
15 Oz., Selected Varieties



Hormel Chili
with Beans
15 Oz.

2/\$5

1.99



Chick-fil-A Sauce
16 Oz., Selected Varieties



2/\$7



Ocean Spray
Cranberry Juice
64 Oz., Selected Varieties



3.49

Barilla Pasta or Sauce
6.5-24 Oz., Selected Varieties



2/\$6
Bertolli Pasta or Pizza Sauce
15-24 Oz., Selected Varieties

2/\$5

Hunt's Snack Pack Pudding or Gelatin
4 Ct., Selected Varieties



4.99
Kraft Macaroni & Cheese
or Spirals
4-5 Pk.

3/\$5



2/4.50
Campbell's Soup
15.25-19 Oz., Selected Varieties

Glory Vegetables
15 Oz., Selected Varieties



3.79
Bear Creek Dry Soup Mix
7.9-11.5 Oz., Selected Varieties

3/\$5

Tabasco Hot Sauce
5-11 Oz., Selected Varieties



4.99
Hidden Valley
Ranch Salad Dressing
20-24 Oz., Selected Varieties

3.29

Starbucks Ground Coffee
18 Oz., Selected Varieties



8.49
Dunkin' or Folgers
K-Cup or Ground Coffee
7-12 Oz. or 10 Ct., Selected Varieties

13.99

Wendy's No Bean Chili
15 Oz.



4.49
Wendy's Chili with Beans
15 Oz.

4.99



2/\$3
Idahoan Potatoes
4-4.1 Oz., Selected Varieties

Carroll Shelby Chili Kit
3.65 Oz.



4/\$5
McCormick Chili Seasoning
1-1.25 Oz., Selected Varieties

2.99

Popeye Spinach
13.5 Oz.



2/\$5
Famous Dave's Cornbread Mix
15 Oz.

1.69



2.99
Mazola Cooking Spray
6 Oz., Selected Varieties



2/\$3
StarKist Chicken or
Beef Creations
2.6 Oz., Selected Varieties

Jiffy Baking Mix
40 Oz.



2.49
Jiffy Pancake Mix
32 Oz.

3.49

Kraft Caramels
11 Oz., Selected Varieties



2.99
Swiss Miss Cocoa
6-8 Ct., Selected Varieties

2/\$5

Nissin Cup Noodles
2.25 Oz., Selected Varieties



3.49
Rao's Soup
16 Oz., Selected Varieties

2/89¢



2/\$4
V8 Splash
64 Oz., Selected Varieties



Nissin Bowls
or Chow Mein
2.89-4 Oz., Selected Varieties



Best Choice
Baking Soda
16 Oz.



Bush's Best Chili Beans
or Chili Magic
15.5-16 Oz., Selected Varieties



Best Choice
Gravy
10.5 Oz., Selected Varieties



Crunch 'n Munch Popcorn
3.5 Oz., Selected Varieties



Creamette Pasta
12-16 Oz., Selected Varieties



Best Choice Yellow Mustard
8 Oz.



Best Choice Long Grain Rice
16 Oz., Selected Varieties

HOME & HEALTH

Bounce or Gain Dryer Sheets
60 Ct.



2.99
3.99
Tide Simply
Liquid Laundry
Detergent
31-32 Oz.,
Selected Varieties

Lysol Disinfecting Spray
12.5 Oz., Selected Varieties

5.49

9Lives Wet Cat Food
4 Ct., Selected Varieties

2/\$6



9.99
Arm & Hammer
Cat Litter
14-20 Lb.,
Selected Varieties

Cascade Action Pacs
9-16 Ct., Selected Varieties



Mucinex Cough Drops
20 Ct., Selected Varieties

4.99

Mucinex Cough & Cold Tablets or Liquid
20 Ct., Selected Varieties

15.99



10.99
Nature's Recipe
Dog Food
4 Lb., Selected Varieties

Air Wick Essential Mist, Scented Oil
or Freshmatic Refills
5.89 Oz. or 1-2 Ct., Selected Varieties



Evolve Plant Based Protein Powder
1 Lb., Selected Varieties

4.99

Premier Protein Powder
23.9-28 Oz., Selected Varieties

25.99



Best Choice White Napkins
250 Ct.

4.29
Best Choice
Aluminum Foil
50-75 ft.,
Selected Varieties

2.99

DON'T MISS OUT ON THESE GREAT SAVINGS!

Chock Full o'Nuts
or Hills Bros Coffee
30.5 Oz., Selected Varieties



13.99

Maxwell House
Coffee
10.3-11.5 Oz.,
Selected Varieties



6.49

Splash Blast Water
6 Pk., Selected Varieties



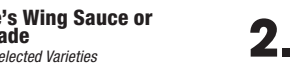
2/\$5

3.99
Capri-Sun 100% Juice
10 Ct., Selected Varieties



2.99
Stauffer's Animal Crackers
14.5-16 Oz., Selected Varieties

Moore's Wing Sauce or
Marinade
16 Oz., Selected Varieties



2.99



Hostess
Snacks
6-10 Ct. or 8.25-16.5 Oz.,
Selected Varieties

2/\$6

Keebler Tray Packs
20 Ct., Selected Varieties



9.99

2/\$5
Wonder Snacks
6-10.5 Oz. or 6 Ct., Selected Varieties



2/\$5
Pace Salsa or Picante Sauce
16 Oz., Selected Varieties

Sensible Portions Veggie Based
Chips, Puffs, or Straws
3-7 Oz., Selected Varieties



2.99

Victor Allen or Trilliant
K-Cup or RTD Iced Coffee
13.7 Oz., Selected Varieties



2/\$5

Duncan Hines Frosting
14-16 Oz., Selected Varieties



2.29

Duncan Hines
Cake or
Brownie Mix
15.25-18.3 Oz., Selected Varieties



2/\$3

Quaker Quick or
Old Fashioned Oats
42 Oz.

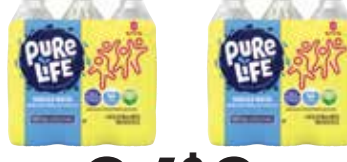


5.99

6.49
Mott's Apple Juice
128 Oz.



Pure Life Water
1 Gal.



3/\$5

2/\$3
Pure Life Water
6 Pk.



Mt. Olive Majestic Pickles,
Carrots, or Mushrooms
16-24 Oz., Selected Varieties



2/\$7



Nabisco
Family Size Oreos
10.68-18.71 Oz.,
Selected Varieties

4.99

Hershey's Party Size Bags
30.04-35.9 Oz., Selected Varieties



13.99

4/\$5
Mars Singles Candy
1.08-2.17 Oz., Selected Varieties



2/\$4
Dole Pineapple or Juice
15.25-20 Oz., Selected Varieties

Q Tonics Club Soda or Tonic Water
8 Pk.



7.99

DAIRY & FROZEN



Florida's
Natural Juice
52 Oz.,
Selected Varieties

4.49



1.99
Turkey Hill Tea
or Lemonade
64 Oz.,
Selected Varieties



4.49
Almond Breeze
Milk
96 Oz., Selected Varieties



10/\$12
Dannon Light + Fit,
Oikos or Too Good
Greek Yogurt
4.5-5.3 Oz., Selected Varieties



3.49
Bays English
Muffins
6 Ct., Selected Varieties



3.99
Egg Beaters
Egg Whites
16 Oz.



2.49
Best Choice
Ricotta Cheese
15 Oz., Selected Varieties



1.99
Best Choice Soft
Cream Cheese
8 Oz., Selected Varieties

Tropicana Twister
11 Oz., Selected Varieties



5/\$5

Daisy
Sour Cream or
Cottage Cheese
6-8 Oz.,
Selected Varieties



3.99
Land O Lakes
Butter
8-16 Oz.,
Selected Varieties



2/\$7
International
Delight Creamer
32 Oz., Selected Varieties



2/\$7
Pillsbury Cookies,
Grands! Crescents,
Pull Apart Bread
or Pizza Crust
8-16.8 Oz., Selected Varieties



5.99
Rana Pasta
20 Oz.,
Selected Varieties



4.19
Best Choice
Spread
45 Oz.



2.49
Best Choice
Yogurt
32 Oz., Selected Varieties



2.99
Best Choice
Grated Parmesan
Cheese
8 Oz., Selected Varieties



Eggo Waffles
or Pancakes
6-40 Ct. or 9.3 Oz.,
Selected Varieties

2.99



3.99
Ore-Ida Frozen
Potatoes
19-32 Oz.,
Selected Varieties



2.99
Pepperidge Farm
Bread
10-11.75 Oz. or 6-8 Ct.,
Selected Varieties



5.49
Pepperidge Farm
Cakes
19.6 Oz.,
Selected Varieties



6.99
Best Choice
Pizza Bites
45 Oz., Selected Varieties



3.99
Healthy Choice
Simply Steamers
9-10 Oz.,
Selected Varieties



4.99
SuperPretzel
Pretzel Dogs
9.6 Oz.



2/\$6
Pillsbury
Pie Crusts
2 Ct.,
Selected Varieties

P.F. Chang's Sides
10-16 Oz., Selected Varieties



3.99

P.F. Chang's
Entrees
18-22 Oz.,
Selected Varieties



2/\$5
Birds Eye
Vegetables
10-14.4 Oz.,
Selected Varieties



3.99
Atkins Beef
Merlot Entree
9 Oz.



4.49
Best Choice
Frozen Skillet
Meals
21 Oz., Selected Varieties



2/\$5
Kid Cuisine
Dinners
8.65-8.8 Oz.,
Selected Varieties



3.99
Pepperidge Farm
Turnovers
12.5 Oz.



3/\$10
Tony's Pizzeria
Pizza
12 inch,
Selected Varieties



2/\$6
Pillsbury
Grands! Frozen
Biscuits
12 Ct., Selected Varieties

PREMIUM QUALITY MEATS



JIMMY DEAN
SLICED BACON

12 Oz., Selected Varieties

3⁴⁹



5⁴⁹ lb.

Bottom Round Roast
USDA Choice

Lean Stew Meat 6.49 lb.



8⁹⁹ lb.

Boneless
Top Sirloin Steaks
Family Pack, USDA Choice



Beef Cube Steak
Family Pack

5.99 lb.

Bottom Round
Steak
USDA Choice



2.49 lb.

Pork
Spare Ribs
Lean & Meaty



Oscar Mayer Value Lunchables
1.3-1.9 Oz., Selected Varieties

6.99 lb.

3.99

Oscar Mayer Deli Fresh
Shaved, Select, Strips and
Carving Board Lunch Meats
6-9 Oz., Selected Varieties



1.00

Armour
LunchMakers
2.44-2.9 Oz.,
Selected Varieties



8.99

Wright Brand
Stack Pack
Sliced Bacon
24 Oz., Selected Varieties



Johnsonville Ground Pork
16 Oz., Selected Varieties

3.99

Johnsonville Fresh
or Fully Cooked
Breakfast Sausage
Links & Patties
9.6-12 Oz., Selected Varieties



2/\$7

Hormel
Side Dishes
19-20 Oz.,
Selected Varieties



Hormel Fully Cooked Entrees
15 Oz., Selected Varieties

3.99

6.99

Hormel Fully
Cooked Entrées
15 Oz., Selected Varieties

7.99

Bar-S Franks
16 Oz., Selected Varieties

2/\$3

Bar-S Sliced Bologna
16 Oz., Selected Varieties

2/\$4

Tyson Breaded Chicken
Nuggets and Patties
23-29 Oz., Selected Varieties

6.99

Holten Extra Value
Beef Patties
4 lb.

11.99

Jimmy Dean Family Pack
Pancake Sausage
30 Oz., Selected Varieties

8.99

Ball Park
Angus Beef Franks
14 Oz., Selected Varieties

5.99

Curly's Bar B Q
16 Oz., Selected Varieties

4.99

Curly's Baby Back Ribs
24 Oz.

11.99

Moo & Oink Sausage
Links & Patties
32 Oz., Selected Varieties

9.99

Tennessee Pride
Sausage Patties
40 Oz., Selected Varieties

9.99

Van de Kamp's Battered & Breaded
Fish Tenders, Fillets, Sticks
18-24.6 Oz., Selected Varieties

4.99

PRODUCE FRESH PICKS



Washington
Bartlett
Pears
1.49 lb.

3⁴⁹

2 Lb. Bag, Imported
Poppies
Mandarins



3 Ct.
Selected Varieties
Affy Tapple
Caramel Apples
4⁹⁹

3⁴⁹

16 Oz., Selected Varieties
The Little
Potato Company
Potatoes



Lemons or
Limes
3/\$2



Hass
Avocados
79¢ ea.



8 Oz.
Taylor Farms
Snap or
Snow Peas
2/\$7

Acorn, Butternut,
Spaghetti, Sweet Dumpling,
Turban, Carnival or
Kabocha Squash

89¢ lb.

Jumbo
Yellow, Red
or White Onions

99¢ lb.

5-11 Oz.
Selected Varieties
Dole
Salad Blends

2/\$4



10-12 Oz.
Selected Varieties
Taylor Farms
Vegetables



2/\$6



Hothouse
Beefsteak
Tomatoes

1.49 lb.

8 Lb. Bag
Dole Idaho
Potatoes
2⁹⁹



Hass
Green
Avocados
1²⁹ ea.



Hothouse, Jumbo
Red, Yellow
or Orange
Bell Peppers

2/\$3



2/\$10

Brew Pub Lotzza Motzza Pizza
12 Inch, Selected Varieties



2/\$6

Old Dutch Pretzels, Puffcorn
or Popcorn
6-15 Oz., Selected Varieties



22.99

Michelob Ultra
24 Pk./12 Oz. Cans



20.99

Busch Light
18 Pk./16 Oz. Cans

Deli & Bakery



Kretschmar
Black Forest Ham
Sliced to Order

6.49 lb.



Sabra
Hummus
10 Oz., Selected Varieties

2/\$6



Café Valley
Muffins
4 Ct., Selected Varieties

4.49



Best Choice
Cookies
14 Oz., Selected Varieties

5.49



JJ's
Snack Pie
4 Oz., Selected Varieties

3/\$2

THANK YOU FOR
SHOPPING LOCALLY!

WE APPRECIATE YOUR BUSINESS AND KEEPING
YOUR DOLLARS IN OUR COMMUNITY!



8.99

Carbliss Cocktails
Selected Varieties, 4 Pk./12 Oz. Cans