

Bender's Foods

Deli • Fresh Meat • Produce • Liquor • Cold Beer

www.bendersfoods.com



Find us on:
facebook



USDA
CHOICE
Grade

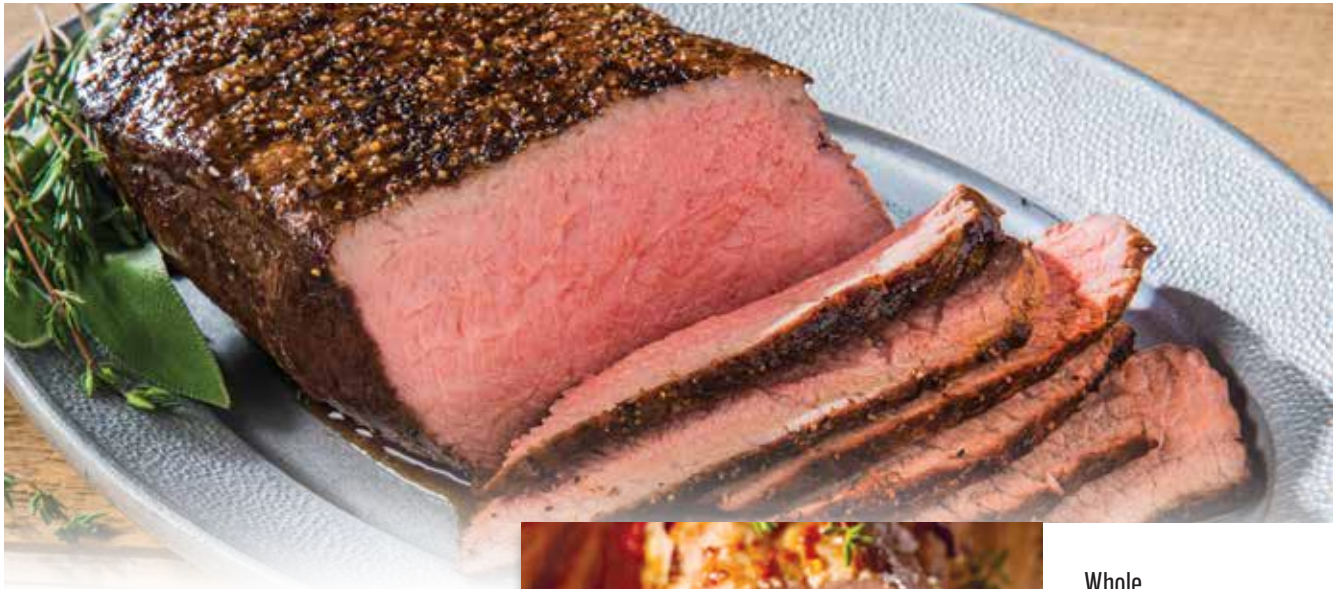
Serving you in 4 locations!



Proud to be locally owned & operated

619 S. Hwy 52 | Guttenberg, IA 52052 | (563)252-1410

Store Hours: 7AM-9 PM • 7 Days a Week



USDA Choice
**Boneless Beef
Shoulder Roast**

4⁹⁹
lb.

Family Pack, USDA Choice
**Boneless Beef
New York Strip Steaks**

14⁹⁹
lb.

Family Pack, USDA Choice
**Boneless Beef
Shoulder Steaks**

5⁴⁹
lb.

Lean & Meaty
**Pork
Spare Ribs**

2⁴⁹
lb.



Whole
**Boneless
Pork Loin**

1⁹⁹
lb.



Family Pack
**Chicken
Drumsticks**

99¢
lb.



Family Pack
**Boneless
Pork Chops**

2⁴⁹
lb.

FIRST OF THE *Season!*

3⁹⁹

3 Lb. Bag
**Navel
Oranges**

Fresh Avocados

2/\$1

PICKED AT *Peak!*

2⁹⁹

Pint
**Fresh
Blueberries**

10 Oz.
Dole Caesar Salad Kit

1⁹⁹

BUY 5 SAVE \$5

Save \$5 instantly when you purchase Any 5 participating products!



**Smart Ones Frozen Entrées
or Kool-Aid Burst**
Selected Varieties, 6.49-10.25 Oz. or 6 Pk.

1.99
-1.00
99¢
EA.
WITH PURCHASE OF 5
PARTICIPATING PRODUCTS



**Nature Valley, Fiber One,
General Mills Cereal or Bars
or Betty Crocker Fruit Snacks**
Selected Varieties
5.34-10.8 Oz. or 4-10 Ct.

2.99
-1.00
1.99
EA.
WITH PURCHASE OF 5
PARTICIPATING PRODUCTS



**Ore-Ida
Frozen Potatoes**
Selected Varieties
19-32 Oz.

3.99
-1.00
2.99
EA.
WITH PURCHASE OF 5
PARTICIPATING PRODUCTS



**Kraft Natural Chunks,
Shreds or Crumbles**
Selected Varieties
5-8 Oz.

3.29
-1.00
2.29
EA.
WITH PURCHASE OF 5
PARTICIPATING PRODUCTS



**Ragú
Pasta Sauce**
Selected Varieties
45 Oz.

3.99
-1.00
2.99
EA.
WITH PURCHASE OF 5
PARTICIPATING PRODUCTS



**Pillsbury Grands!,
Crescents or
Cinnamon Rolls**
Selected Varieties
8-16.3 Oz.

2.99
-1.00
1.99
EA.
WITH PURCHASE OF 5
PARTICIPATING PRODUCTS



**Kraft Macaroni &
Cheese Spirals**
Original
4 Pk.

5.99
-1.00
4.99
EA.
WITH PURCHASE OF 5
PARTICIPATING PRODUCTS



**Kraft Macaroni
& Cheese**
Original
5 Pk.

4.99
-1.00
3.99
EA.
WITH PURCHASE OF 5
PARTICIPATING PRODUCTS

ALL ITEMS MUST BE PURCHASED IN A SINGLE TRANSACTION.
WITH PURCHASE OF 5 PARTICIPATING PRODUCTS

Hot DEAL

3/\$4

SAVE \$1 WHEN
YOU BUY 3
QUANTITIES LESS
THAN 3 ARE 1¢ EA.

7.5-10.9 Oz.
Selected Varieties
**Totino's Pizza
or Pizza Rolls**



2/\$7

6-10.75 Oz.
Selected Varieties
**Frito-Lay
Doritos**



2/\$8

6.25-7.62 Oz.
Selected Varieties
**Frito-Lay
Baked Lays**



THIS WEEK'S *Deals!*



7.99
6-20 Ct.
Selected Varieties
**NESTLÉ DRUMSTICKS,
OREO OR MICKEY
MOUSE NOVELTIES**



5.99
128 Oz., Selected Varieties
**BLUE RIBBON
CLASSICS
FROZEN DAIRY
DESSERT**



11.99
24 Pk./12 Oz. Cans
Selected Varieties
**PEPSI
PRODUCTS**



1.99
2 Liter Bottle
Selected Varieties
**PEPSI
PRODUCTS**



3/\$5
2 Liter Bottle
Selected Varieties
**7UP
PRODUCTS**



5/\$4
14.5-15.25 Oz.
Selected Varieties
**BEST CHOICE
VEGETABLES**



5/\$4
15 Oz.
Selected Varieties
**BEST CHOICE
CHILI OR
KIDNEY BEANS**



5/\$4
14-15 Oz.
Selected Varieties
**BEST CHOICE
TOMATOES**



2.99
4 Lb.
**BEST CHOICE
GRANULATED
SUGAR**

BUY 5 SAVE \$5

Save \$5 instantly when you purchase
Any 5 participating products!



32 Oz.
Heinz
Ketchup

4.99 EA.
-1.00

3.99 EA.



40-42 Oz.
Selected Varieties
Birds Eye Voila!
Skillet Meals or
Chef Boyardee
Entrées

7.99 EA.
-1.00

6.99 EA.



12 Pk.
Selected Varieties
Danimals
Drinks

5.99 EA.
-1.00

4.99 EA.



12 Oz.
Selected Varieties
Starkist
Chunk Light Tuna

2.99 EA.
-1.00

1.99 EA.



10-12 Ct.
Selected Varieties
Maxwell House or
Gevalia
Coffee Pods

7.99 EA.
-1.00

6.99 EA.



22-30 Oz.
Selected Varieties
Kraft
Mayonnaise

4.99 EA.
-1.00

3.99 EA.



6.4-7 Oz.
Selected Varieties
Kraft Cracker Cuts
or Cubes

3.69 EA.
-1.00

2.69 EA.



18.85-30.88 Oz.
Selected Varieties
Freschetta
Pizza

5.49 EA.
-1.00

4.49 EA.



64 Oz.
Selected Varieties
International
Delight Creamer

6.99 EA.
-1.00

5.99 EA.



24 Oz.
Original
Daisy
Sour Cream

3.99 EA.
-1.00

2.99 EA.



22-27.9 Oz.
Selected Varieties
Maxwell House
or Yuban Coffee

13.99 EA.
-1.00

12.99 EA.



9.4-14 Oz.
Selected Varieties
Kraft Deluxe Macaroni
& Cheese or Velveeta
Shells & Cheese

3.49 EA.
-1.00

2.49 EA.



4 Pk. or 52 Oz.
Selected Varieties
Chobani Yogurt
or Oat Milk

3.99 EA.
-1.00

2.99 EA.



17.06-28.79 Oz.
Selected Varieties
Red Baron Stuffed
Crust or Fully
Loaded Pizza

7.49 EA.
-1.00

6.49 EA.



4 Pk.
Selected Varieties
Dannon Light & Fit,
Oikos or Danimals

3.99 EA.
-1.00

2.99 EA.



12 Oz.
Selected Varieties
Gevalia
Ground Coffee

9.49 EA.
-1.00

8.49 EA.



19-30 Oz.
Selected Varieties
Kraft
Miracle Whip

5.49 EA.
-1.00

4.49 EA.



8-24 Oz.
Selected Varieties
Classico Pasta Sauce
or Philadelphia
Cream Cheese

3.49 EA.
-1.00

2.49 EA.



4-16 Oz.
Selected Varieties
Old El Paso Enchilada
Sauce, Green Chiles
or Refried Beans

1.99 EA.
-1.00

99¢ EA.



8-12 Ct. or 6.25-19 Oz.
Selected Varieties
Old El Paso Dinner
Kits, Shells, Bowls,
Seasonings or Sauce

3.49 EA.
-1.00

2.49 EA.



8-12 Ct. or 8.8 Oz.
Selected Varieties
Old El Paso Taco
Shells, Tortillas,
Beans or Rice

2.49 EA.
-1.00

1.49 EA.



9-14 Oz.
Selected Varieties
Devour
Entrées

3.79 EA.
-1.00

2.79 EA.

ALL ITEMS MUST BE PURCHASED IN A SINGLE TRANSACTION. WITH PURCHASE OF 5 PARTICIPATING PRODUCTS

SAVE ON Home & Health



92-144 Oz. or 32-60 Ct., Selected Varieties
TIDE, DREFT OR GAIN
DETERGENT

15.99



24 Oz., Selected Varieties
DOWNY OR GAIN
FABRIC SOFTENER

15.99



7 Oz.
SUCCESS
WHITE RICE

1.69



4 Ct., Selected Varieties
9 LIVES
WET CAT FOOD

3.29



6-6.35 Oz., Selected Varieties
BEGGIN' STRIPS
DOG TREATS

3.49



6 Lb., Selected Varieties
NUTRISH
DOG FOOD

10.99

BEST CHOICE *Great Prices*

3/\$5

4 Oz.
Selected Varieties
**Betty Crocker
Potatoes**



1.89

8.8 Oz.
Selected Varieties
**Minute
Rice Cups**



0.85-1 Oz., Selected Varieties
**OLD EL PASO
TACO SEASONING**

99¢



12-16 Oz., Selected Varieties
**PRINCE
PASTA**

4/\$5



8 Ct., Selected Varieties
**SWISS MISS
HOT COCOA**

2.99



15 Oz., Selected Varieties
**RICOS
CHEESE SAUCE**

2.99

EVEN MORE SAVINGS ON *Home & Health*



12 Oz. or 8 Pk.
Selected Varieties
**Vicks
Cough & Cold**

11.89



100-105 Oz.
Selected Varieties
**Suavitel Liquid
Fabric Softener**

8.49



70 Ct.
Selected Varieties
**Suavitel Fabric
Softener Sheets**

3.29



169 Oz.
Lavender Scent
**Fabuloso All-Purpose
Cleaner**

10.99

GROCERY AND HOME *Goodies*

15 Oz.
**Wolf Chili
No Beans**



2/\$5

24 Pk./5 Liter Bottles
**Ice Mountain
Spring Water**



5⁴⁹



12-14 Oz.
Selected Varieties
**Minute or
Success Rice**

1⁹⁹



128 Oz.
**Crisco
Vegetable Oil**

11⁹⁹



28-36 Ct.
Selected Varieties
**Finish
Dish Pods**

10⁹⁹



8-12 Rolls
Selected Varieties
**Charmin
Bath Tissue**

14⁹⁹



6 Rolls
Selected Varieties
**Bounty
Paper Towels**

14⁹⁹



4 Pk.
Selected Varieties
**Puffs
Facial Tissue**

6⁹⁹



10-20 Ct., Selected
Varieties
**Hefty Slider
Storage Bags**

2⁹⁹



20-45 Ct., Selected Varieties
**Hefty
Trash Bags**

8⁹⁹



32 Oz., Selected Varieties
**Formula 409 or Clorox
Household Spray Cleaner**

3⁵⁹



35 Ct.
Selected Varieties
**Clorox
Wipes**

2/\$6



30-32 Oz., Selected Varieties
**Clorox
Household Cleaner**

4⁹⁹



3-8.5 Oz.
Selected Varieties
**Best Choice
Candy**

2/\$3



8 Oz.
**Best Choice Mini
Garlic Bread Loaf**

1⁶⁹



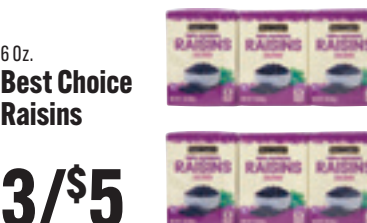
6 Pk.
Selected Varieties
**Best Choice
Applesauce Cups**

2/\$5



4 Pk.
Selected Varieties
**Best Choice
Fruit Cups**

2.79



6 Oz.
**Best Choice
Raisins**

3/\$5



2 Liter
Selected Varieties
**Best Choice
Soft Drinks**

4/\$5



11 Oz.
Selected Varieties
**Best Choice
Granola**

3.29



9-16 Oz.
Selected Varieties
**Best Choice
Saltine Crackers**

1.69

14.5-15.25 Oz.
Selected Varieties
**Best Choice
Peaches, Pears
or Fruit Cocktail**

2.19



64 Oz.
Selected Varieties
**Best Choice
Cranberry
Juice**

2.99



16 Oz.
Selected Varieties
**Best Choice
Peanut Butter**

2.19



BUY 5 \$SAVE \$5

Save \$5 instantly when you purchase
Any 5 participating products!



4 Pk.
Selected Varieties
**Dannon Oikos
Protein Shakes**

**9.99
-1.00**

8.99^{EA.}



10.7-12 Oz.
Selected Varieties
**Kraft
Singles**

**3.99
-1.00**

2.99^{EA.}



2 Ct., Selected Varieties
**Philadelphia
Cheesecake
Crumbles**

**4.49
-1.00**

3.49^{EA.}



56-64 Ct.
Selected Varieties
**Huggies
Wipes**

**2.79
-1.00**

1.79^{EA.}



21-44 Ct.
Selected Varieties
**Huggies
Snug & Dry Diapers**

**9.99
-1.00**

8.99^{EA.}



9-32 Ct., Selected Varieties
**Huggies Goodnites,
Pull-Ups, Little Movers
or Snugglers Diapers**

**11.99
-1.00**

10.99^{EA.}



9.8 Oz.
Selected Varieties
**Quaker
Instant Grits**

**3.99
-1.00**

2.99^{EA.}



7-8.6 Oz.
Selected Varieties
**General Mills Chex Mix,
Bugles or Gardetto's**

1.99^{EA.}



8 Pk., Selected Varieties
**Maison Perrier
or San Pellegrino
Sparkling Water**

**5.99
-1.00**

4.99^{EA.}



12.5-16 Oz.
Selected Varieties
**Kraft Salad Dressing,
Jell-O Gelatin, Pudding
or Oatmilk Cups**

**2.99
-1.00**

1.99^{EA.}



7 Oz.
Selected Varieties
**Jell-O Girl
Scouts Desserts**

**2.79
-1.00**

1.79^{EA.}



10 Pk.
Selected Varieties
**Kool-Aid
Jammers**

1.99^{EA.}



19.8-22.2 Oz.
Selected Varieties
**Home Bake
Main Entrées**

**10.99
-1.00**

9.99^{EA.}



15-22.2 Oz.
Selected Varieties
**Home Bake
Side Dishes**

**5.99
-1.00**

4.99^{EA.}



7.2-12 Oz.
Selected Varieties
**Pillsbury Toaster Strudels,
Scrambles or Mini-Cinnis
Pull-Apart Rolls**

**2.99
-1.00**

1.99^{EA.}



32 Oz.
Selected Varieties
**Velveeta
Loaf**

**7.99
-1.00**

6.99^{EA.}

ALL ITEMS MUST BE PURCHASED IN A SINGLE TRANSACTION. WITH PURCHASE OF 5 PARTICIPATING PRODUCTS

DON'T MISS OUT ON THESE *Great Savings!*

2²⁹

12 Oz.
Selected Varieties
**No Yolks
Noodles**



2/\$6

9.6-16.1 Oz.
Selected Varieties
**Kellogg's
Cereal**



5⁹⁹

12 Ct.
Selected Varieties
**Pringles
Snack Stacks**



2/\$6

10-12 Qt. or 9-10 Ct.
Selected Varieties
**Crystal Light
Drink Mix**



2/\$6

1.62 Oz., Selected Varieties
**MiO, Crystal Light,
Kool-Aid or Tang
Liquid Drink Mix**



4⁹⁹

8-19.5 Oz.
Selected Varieties
**Nabisco Family
Size Cookies or
Crackers**



2/\$5

24 Pk./5 Liter Bottles
**Niagara
Water**



1.79

3 Ct.
Selected Varieties
Cousin Willie's Popcorn



3.99

24 Oz.
Selected Varieties
Mrs. Butterworth's Syrup



4.99

20 Oz., Selected Varieties
**Premier Protein
Pancake Mix**



2.99

4-12 Ct., Selected Varieties
**Kellogg's
Nutri-Grain Bars
or Rice Krispies Treats**



2.29

6 Pk./5 Liter Bottles
Selected Varieties
**Splash Blast
Water**



DAIRY & Frozen

3/\$10

for
18.56-20.6 Oz.
Selected Varieties
**Tony's
Pizza**



3.99

24-28 Oz.
Selected Varieties
**Banquet Family
Size Entrées**



2.99

19.3-21.3 Oz.
Selected Varieties
**Tombstone
Pizza**



1.69

6-8 Oz.
Selected Varieties
**Daisy Sour Cream
or Cottage Cheese**



2/\$5

8 Ct or 16 Oz.
Selected Varieties
**Yoplait
GoGurt**



7.79

89 Oz.
Selected Varieties
**Florida's
Natural
Orange Juice**



2.99

16 Oz.
Selected Varieties
**Bob Evans
Egg Whites**



2.99

20 Oz.
Selected Varieties
**Simply
Potatoes**



4⁹⁹

8-40 Ct.
Selected Varieties
**Premier Protein
Waffles or
Pancakes**



4⁴⁹

48 Oz.
Selected Varieties
**Califia Farms
Almond or
Oat Milk**



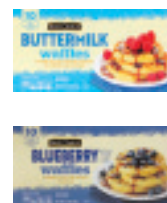
3⁷⁹

14-50 Oz.
Selected Varieties
**Coffee-mate
Iced Coffee or
Cold Foam**



1⁹⁹

12.3-16.5 Oz.
Selected Varieties
**Best Choice
Pancakes or
Waffles**



99¢

10 Oz.
**Best Choice
Chopped
Spinach**



2⁹⁹

8 Oz.
Selected Varieties
**Best Choice
Grated Parmesan
Cheese**



3⁹⁹

5.25-12 Oz. or 4 Ct.
Selected Varieties
**MorningStar
Farms Entrées**



3⁶⁹

9 Oz.
Beef Merlot
**Atkins
Entrées**



8⁴⁹

3 Lb. Family Pack
**Banquet
Chicken Nuggets**



14⁹⁹

90 Oz.
**Marie
Callender's
Family Size
Lasagna**



13⁴⁹

12 Ct.
Selected Varieties
**Hot Pockets
Sandwiches**



2⁹⁹

6-12.7 Oz.
Selected Varieties
**Birds Eye
Vegetable Blends**



PREMIUM QUALITY Meat Selections



93% LEAN GROUND BEEF 6.99 lb.



Family Pack, USDA Choice BONELESS BEEF CUBE STEAKS 6.99 lb.



Family Pack CHICKEN THIGHS 1.89 lb.

BUY 5 SAVE \$5

Save \$5 instantly when you purchase Any 5 participating products!

ALL ITEMS MUST BE PURCHASED IN A SINGLE TRANSACTION. WITH PURCHASE OF 5 PARTICIPATING PRODUCTS

16 Oz., Selected Varieties Oscar Mayer Sliced Bologna or Salami 3.79 -1.00 2.79 EA.

Oscar Mayer Deli Fresh Sliced Lunch Meat 4.99 -1.00 3.99 EA. WITH PURCHASE OF 5 PARTICIPATING PRODUCTS

Oscar Mayer Meat Hot Dogs 3.29 -1.00 2.29 EA. WITH PURCHASE OF 5 PARTICIPATING PRODUCTS



Family Pack, USDA Choice Boneless Beef Stew Meat 5.99 lb.



Boneless Pork Loin Roast 2.19 lb.



Family Pack Boneless Pork Cutlets 2.99 lb.

19 Oz., Selected Varieties JOHNSONVILLE FRESH BRATS OR ITALIAN SAUSAGE LINKS 5.99

30 Oz. BALL PARK MEAT FRANKS 6.99

7-8 Oz., Selected Varieties SMITHFIELD PRIME FRESH LUNCH MEATS 3.99



20-29 Oz., Selected Varieties Tyson Frozen Fully Cooked Chicken Nuggets, Patties or Popcorn Chicken 5.99



12-16 Oz. Selected Varieties Farmland Sliced Bacon 5.99

12-16 Oz. Selected Varieties Bob Evans Pork Sausage 3.99



2.5 Lb., Selected Varieties Tyson Boneless Skinless Chicken Breast 7.99

40 Oz. Individually Quick Frozen Tyson Chicken Wings 6.99

12-24 Oz., Selected Varieties BOB EVANS SIDE DISHES 2/\$7

2.4-2.9 Oz., Selected Varieties ARMOUR LUNCHEMERS 4/\$5

12 Oz., Selected Varieties BAR-S FRANKS OR SLICED BOLOGNA 4/\$5

2/\$7 8 Oz., Selected Varieties Delimex Quesadillas 5.99 30.4-32 Oz., Selected Varieties El Monterey Burritos or Chimichangas 9.99 40 Oz. Family Pack, Hot or Regular Bob Evans Sausage Patties 17.99

24 Oz. Holten's Smashed Sliders 8.99 12-16 Oz., Selected Varieties Johnsonville Cooked Smoked Brats, Links or Grillers 3.99 5 Lb. Paradise Kitchens Buffalo Wings 17.99

30.36 Oz. State Fair Beef Mini Corn Dogs 8.99 40 Oz., Individually Fresh Frozen Tyson Boneless Skinless Chicken Tenders 8.99 40 Oz., Individually Fresh Frozen Tyson Buffalo or Hot Honey Wings 8.99

40 Oz. WRIGHT BRAND SLICED BOLOGNA 11.99

64 Oz. JEMM BURGERS JUMBO DELUXE QUARTER POUND BEEF PATTIES 14.99

PRODUCE FRESH from the Farm!

4.99 lb. Imported Cherries

3.99 lb. Imported Red, Green or Black Seedless Grapes

3 Lb. Bag TEXAS RED GRAPEFRUIT OR CARA CARA ORANGES 4.99

2/\$1 for Lemons or Limes

4.99 lb. Sumo Mandarins

3.99 2 Lb. Bag Blood Oranges

1.29 lb. Fancy Zucchini or Yellow Squash

1.99 10 Oz. Grape Tomatoes

99¢ lb. Sweet Yellow Onions

3.49 1 Lb., Selected Varieties Little Potato Company Potatoes

99¢ 1 Lb. Bag Bunny-Luv Baby Carrots

2.49 3 Oz., Selected Varieties Harvest Snaps Snacks

1.99 2.5 Oz., Selected Varieties Seneca Apple Chips

2/\$3 5 Ct., Selected Varieties Shullsburg Bagels

2/\$10 12 Inch, Selected Varieties Bellatoria Thin Crust Pizza

2/\$5 16 Oz., Selected Varieties Best Choice Butter Quarters

Deli & Bakery

Kretschmar Sliced to Order, Selected Varieties Kretschmar Virginia Ham 5.99 lb.

Kretschmar Sliced to Order, Yellow or White Kretschmar American Cheese 5.99 lb.

7.9-8.6 Oz., Selected Varieties Market Sandwich Wraps 5.49

6 Oz./2 Slice, Selected Varieties The Father's Table Cheesecake 2.99

10 Oz., Selected Varieties Ann Marie's Sugar Free Mini Muffins 5.99

13.5 Oz., Selected Varieties Shirley's No-Bake Cookies 2.99

22.99 24 Pk./12 Oz. Cans Michelob Ultra

16.99 15 Pk./16 Oz. Aluminum Bottles Busch Light

8.99 4 Pk./12 Oz. Cans, Selected Varieties Carbliss Cocktails