

Bender's Foods

Deli • Fresh Meat • Produce • Liquor • Cold Beer

www.bendersfoods.com



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facebook



USDA
CHOICE
Grade



Serving you in 4 locations!

Proud to be locally owned & operated

619 S. Hwy 52 | Guttenberg, IA 52052 | (563)252-1410

Store Hours: 7AM-9 PM • 7 Days a Week





HAPPY
Labor Day

18.4-23 Oz.
Selected Varieties
**Smithfield Marinated
Fresh Pork Tenderloins**

4⁹⁹

Family Pack
**Fresh Ground Chuck
Patties**

5⁴⁸
Lb.

**Boston Butt
Pork Roast**

1⁹⁹
Lb.

USDA Choice, Family Pack
**Boneless Beef
Ribeye Steaks**

19⁹⁹
Lb.



Family Pack
**Fresh Ground
Chuck**

4⁹⁹
Lb.



1⁸⁸
Lb.

Sold in a Bag
**Whole Boston
Butt Pork Roast**



2¹⁷
Lb.

**Boneless
Skinless
Chicken
Breasts**

FRESH DEALS FOR *Labor Day!*

1⁴⁹

3 Lb. Bag
**Yellow
Onions**

1³⁹
Lb.

**Hothouse
Tomatoes**

Head Lettuce

1⁵⁹
Ea.

**Seedless
Watermelons**

3⁹⁹
Ea.

Cantaloupes

2⁹⁹
Ea.

BUY 5 SAVE \$5

Save \$5 instantly when you purchase
Any 5 participating products!



10.7-12 Oz.
Selected Varieties
**Kraft
Singles**

3.99 EA.
-1.00

2.99 EA.



8 Oz.
Selected Varieties
**Philadelphia
Cream Cheese**

3.49 EA.
-1.00

2.49 EA.



10-14.75 Oz.
Selected Varieties
**Post
Cereal**

2.49 EA.
-1.00

1.49 EA.



16.3 Oz.
Selected Varieties
**Peter Pan
Peanut Butter**

2.49 EA.
-1.00

1.49 EA.



10 Ct., Selected Varieties
**Kool-Aid
Jammers**

2.99 EA.
-1.00

1.99 EA.



35-37 Oz., Selected Varieties
**Mrs. Smith's
Fruit Pies**

5.99 EA.
-1.00

4.99 EA.



19-32 Oz., Selected Varieties
**Ore-Ida Frozen
Potatoes**

3.99 EA.
-1.00

2.99 EA.

ALL ITEMS MUST BE PURCHASED IN A SINGLE TRANSACTION. WITH PURCHASE OF 5 PARTICIPATING PRODUCTS

Hot DEAL

21.7-28 Oz.
Selected Varieties
**Bush's Best
Baked or
Grillin' Beans**

2/\$5



99¢

10.75 Oz.
**Campbell's
Chicken Noodle
or Tomato Soup**



9⁹⁹
24 Pk./12 Oz. Cans
Selected Varieties
**Pepsi
Products**



2/\$10
6 Pk./12 Oz. Cans
Selected Varieties
**Bubbl'r
Sparkling Water**



10⁹⁹
24 Pk./12 Oz. Cans
Selected Varieties
**Coke
Products**



3⁹⁹
6 Pk./5 Liter Bottles
Selected Varieties
**Coke
Products**



5⁹⁹
12 Pk./12 Oz. Cans
Selected Varieties
**7Up, A&W or
Dr Pepper**



9⁹⁹
72 Ct.
**Shullsburg
American
Slices**



4/\$9
11 Inch
Selected Varieties
**Roma
Pizza**



2⁹⁹
8 Ct. Hamburger or
Hot Dog or 12 Ct. Slider
**Village Hearth
Buns**



2/\$5
9.5-13 Oz., Selected Varieties
**Old Dutch
Tortilla or
Family Pack Chips**



48 Oz., Selected Varieties
**Breyers
Ice Cream**

3⁹⁹

6-18 Ct., Selected Varieties
**Popsicle
Novelties**

4⁹⁹

6 Ct., Selected Varieties
**Klondike
Ice Cream Bars**

3⁹⁹

24 Pk./16.9 Oz. Bottles
**Niagara
Water**

2/\$6

48 Oz., Selected Varieties
**Blue Ribbon Classics
Frozen Dairy Dessert**

2/\$5

6-12 Ct., Selected Varieties
**Blue Bunny
Bomb Pops**

2/\$5

12-16 Lb., Selected Varieties
**Kingsford Regular or
Match Light Charcoal**

9⁹⁹

5-8 Oz., Selected Varieties
**Frito-Lay
Lay's Chips**

2/\$5

9-10.75 Oz., Selected Varieties
**Frito-Lay
Doritos Chips**

2/\$7

Not all flavors and/or items
available at all locations.

PRICES EFFECTIVE WEDNESDAY, SEPTEMBER 2 - TUESDAY, SEPTEMBER 8, 2026

Due to uncertainty from manufacturers across the supply chain we cannot guarantee availability or offer rain checks at this time. Thank you for your understanding.
We reserve the right to limit quantities and correct typographical and pictorial errors. No sales to dealers. Thank you Copyright © 2026 A2 Advertising, LLC. All Rights Reserved. Written permission is required before use. GLBASE_PG1_090226 GL24

BUY 5 SAVE \$5

Save \$5 instantly when you purchase
Any 5 participating products!



7.99 EA.
-1.00

32 Oz.
Selected Varieties
**Velveeta
Loaf**

6.99 EA.



2.99 EA.
-1.00

16 Oz.
Selected Varieties
**Kraft
Salad Dressing**

1.99 EA.



3.49 EA.
-1.00

9.5 Oz.
Selected Varieties
**Kraft Restaurant
Mac & Cheese**

2.49 EA.



4.99 EA.
-1.00

22-30 Oz.
Selected Varieties
**Kraft
Mayonnaise**

3.99 EA.



2.99 EA.
-1.00

7.25-7.3 Oz.
Selected Varieties
**Kraft Power
Mac & Cheese**

1.99 EA.



3.99 EA.
-1.00

6.5-12.4 Oz.
Selected Varieties
**Cheez-It
Crackers**

2.99 EA.



5.49 EA.
-1.00

19-30 Oz.
Selected Varieties
**Kraft
Miracle Whip**

4.49 EA.



3.99 EA.
-1.00

8-16.5 Oz.
Selected Varieties
**Pillsbury Cookies,
Biscuits or
Pizza Dough**

2.99 EA.



2.99 EA.
-1.00

9-10.8 Oz.
Selected Varieties
**General Mills
Cereals**

1.99 EA.



2.99 EA.
-1.00

5-8 Ct.
Selected Varieties
**Nature Valley,
General Mills
or Fiber One Bars**

1.99 EA.



2.99 EA.
-1.00

6-10 Ct.
Selected Varieties
**Betty Crocker
Fruit Snacks,
Fruit by the Foot,
or Gushers**

1.99 EA.



3.49 EA.
-1.00

10-17.3 Oz.
Selected Varieties
**Kellogg's
Cereal**

2.49 EA.



2.99 EA.
-1.00

7-8.6 Oz.
Selected Varieties
**Chex Mix, Bugles
or Gardetto's**

1.99 EA.



1.99 EA.
-1.00

17.5-18 Oz.
Selected Varieties
**Kraft
BBQ Sauce**

99¢ EA.



7.99 EA.
-1.00

76 Oz.
Selected Varieties
**Simply
Orange Juice**

6.99 EA.



3.39 EA.
-1.00

12 Oz.
Selected Varieties
**Starkist
Chunk Light Tuna**

2.39 EA.



2.99 EA.
-1.00

9.3-19.1 Oz.
Selected Varieties
**Betty Crocker
Premium
Dessert Mixes**

1.99 EA.



2.99 EA.
-1.00

7.2-12 Oz.
Selected Varieties
**Pillsbury
Toaster Strudels,
Scrambles, Bagels
or Mini Cinnis**

1.99 EA.



6.99 EA.
-1.00

16 Oz.
Selected Varieties
**Pompeian
Olive Oil**

5.99 EA.



4.99 EA.
-1.00

18.85-30.88 Oz.
Selected Varieties
**Freschetta
Pizza**

3.99 EA.



5.99 EA.
-1.00

25.6-42 Oz.
Selected Varieties
**Marie Callender's
Dessert Pies**

4.99 EA.



7.99 EA.
-1.00

21.6-32 Oz.
Selected Varieties
**Dolly Parton's
Pies, Cheesecake
or Cobbler**

6.99 EA.



3.99 EA.
-1.00

6.6 Oz.
Selected Varieties
**Philadelphia
Cheesecake
Crumble**

2.99 EA.



7.99 EA.
-1.00

6-12 Roll.
Selected Varieties
**Fiora Bath Tissue
or Paper Towels**

6.99 EA.

ALL ITEMS MUST BE PURCHASED IN A SINGLE TRANSACTION. WITH PURCHASE OF 5 PARTICIPATING PRODUCTS

SAVE ON Home & Health



16-22 Oz.
Selected Varieties
**DAWN PLATINUM,
SPRAY OR
EZ SQUEEZE
DISH SOAP**

3.99



6-12 Rolls
**CHARMIN BATH
TISSUE OR BOUNTY
PAPER TOWELS**

19.99



80-100 Ct.
Selected Varieties
**VANITY FAIR
NAPKINS**

2.99



3.99
70-200 Sq Ft.
**Glad Press'n
Seal Cling
Wrap**



4/\$5
2.8-4.5 Oz.
**Canine
Carry Outs
Dog Treats**



5.99
8 Ct.
Selected Varieties
**Delectables
Cat Treats**

CELEBRATE *The Savings*



3⁹⁹
38 Oz.
Selected Varieties
Heinz Ketchup



2¹⁹
18 Oz.
Selected Varieties
Sweet Baby Ray's BBQ Sauce



3²⁹
128 Oz.
Turkey Hill Lemonade



5⁹⁹
9.9-11 Oz.
Selected Varieties
Maxwell House Ground Coffee



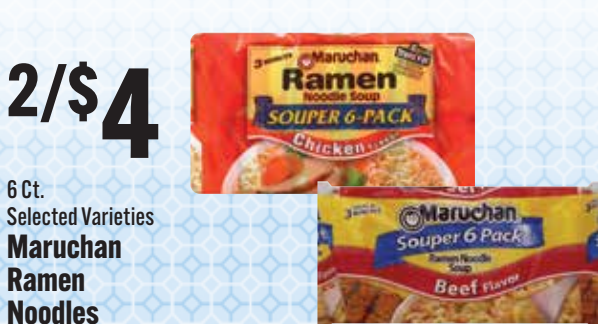
2/\$5
24 Ct.
Selected Varieties
Luzianne Family Size Tea Bags



4/\$5
24 Oz.
Selected Varieties
Hunt's Pasta Sauce



1⁴⁹
10-11.5 Oz. or 6 Ct.
Selected Varieties
Wonder Snack Cakes or Donuts



2/\$4
6 Ct.
Selected Varieties
Maruchan Ramen Noodles



2/\$3
11 Oz.
Selected Varieties
Green Giant Specialty Corn

Hot DEALS



99¢
15 Oz.
Van Camp's Pork and Beans



2⁷⁹
64 Oz.
Selected Varieties
Old Orchard Juice



7⁴⁹
128 Oz.
Mott's Apple Juice



2⁹⁹
3-12 Oz., Selected Varieties
Chicken of the Sea Chunk Light Tuna, Oysters or Salmon Pouches

3²⁹
128 Oz.
Selected Varieties
Hawaiian Punch



2⁹⁹
8 Pk./ 6.5 Oz. Boxes
Yoo-hoo Chocolate Drinks



6⁹⁹
12 Pk./ 11 Oz. Cans
Yoo-hoo Chocolate Drinks



4⁴⁹
4 Pk./12 Oz. Bottles
Selected Varieties
IBC Soda



2/\$4
15 Oz.
Selected Varieties
Wish-Bone or Western Salad Dressing



2⁹⁹
32 Oz.
Selected Varieties
Clamato Tomato Juice



4⁷⁹
64 Oz.
Selected Varieties
Clamato Cocktail Juice



6²⁹
24-60 Ct.
Selected Varieties
Chinet Bowls or Plates



3⁴⁹
12 Oz.
Selected Varieties
Frank's Hot Sauce

HOLIDAY Favorites

2/\$4

16-24 Oz., Selected Varieties
Ragú Regular or Kettle Cooked Pasta Sauce



4/\$5

15-16 Oz.
Selected Varieties
Manwich Sloppy Joe Sauce

2/\$3

7-16 Oz.
Selected Varieties
Barilla Pasta



4⁹⁹

10 Oz.
A.1. Steak, Heinz 57 or Lea & Perrins Original Worcestershire Sauce



13 Oz.
Selected Varieties
Country Bob's All Purpose Sauce

3²⁹



16 Oz.
Selected Varieties
KC Masterpiece Marinade or Sauce

3²⁹



20 Oz.
Selected Varieties
Hunt's Ketchup

1²⁵



24 Oz.
Selected Varieties
Mt. Olive Pickles

2/\$5



10 Oz.
Selected Varieties
Mt. Olive Relish

1⁹⁹



9.4-14 Oz.
Selected Varieties
Kraft Deluxe or Velveeta Macaroni & Cheese

2⁴⁹



6-8 Qt.
Selected Varieties
Country Time, Tang or Kool-Aid Drink Mix

2/\$7



32 Oz.
ReaLemon Lemon Juice

2⁹⁹



4/\$5
4-5.8 Oz., Selected Varieties
Knorr Pasta or Rice Sides



2/\$4
4.6-4.8 Oz., Selected Varieties
Idahoan Potato Sides or Hashbrowns



1⁵⁰
14 Oz.
Heinz Mustard



4⁹⁹
29.5-31 Oz., Selected Varieties
Heinz Simply Ketchup



2⁹⁹
14-18.5 Oz., Selected Varieties
Sweet Baby Ray's No Sugar Added BBQ Sauce, Dipping Sauce, Marinades or Wing Sauce

HOLIDAY WEEKEND Essentials



4⁹⁹

11-18 Ct. or 8.45-75 Oz.
Selected Varieties
Finish Dish Detergent or Jet Dry Rinse Aid



19⁹⁹

45-76 Ct. or 114-132 Oz.,
Selected Varieties
Tide Liquid Detergent or Pods



2⁹⁹

38-100 Ct.
Selected Varieties
Glad Storage Bags



10⁴⁹

20-45 Ct.
Selected Varieties
Hefty Trash Bags



14-50 Ct.
Selected Varieties
Dixie Plates, Bowls or Cups

2⁹⁹



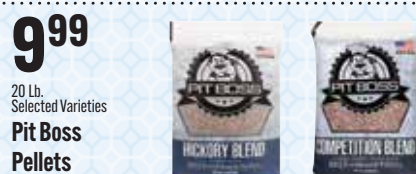
8⁹⁹
86 Ct.
Selected Varieties
Dixie Plates



3⁹⁹
4 Pk.
Fiora Facial Tissue



6⁶⁹
50 Ct.
Solo Cups



9⁹⁹
20 Lb.
Selected Varieties
Pit Boss Pellets



10⁹⁹
100 Ct.
Solo Classic Color Cups



19⁹⁹
47-78 Ct.
Selected Varieties
Cascade Action Pacs

DON'T MISS OUT ON THESE *Great Savings!*



3⁴⁹

67.8-128 Oz.
Selected Varieties
SunnyD Punch



5/\$5

2.54-4 Oz.
Selected Varieties
Nissin Stir Fry or Protein Bowls

4/\$5

.71-2.25 Oz.
McCormick Grill Mates Marinades



3⁹⁹

24 Oz.
Selected Varieties
Log Cabin Syrup



2⁹⁹

11.36- 32 Oz.
Selected Varieties
Red Lobster, Krusteaz, or Cracker Barrel Biscuit, Pancake or Baking Mix



3/\$5

2.5-3.5 Oz.
Selected Varieties
McCormick Grill Mates Seasonings



2/\$4

12 Oz., Selected Varieties
Jet-Puffed Marshmallows



2⁹⁹

6 Pk. or 23-24 Oz.
Selected Varieties
Mott's Apple Sauce



4⁹⁹

8-19.5 Oz.
Nabisco Family Size Oreo, Chips Ahoy! or Snack Crackers



3⁹⁹

15.6-18 Oz.
Selected Varieties
Quaker Large Box Cereals



2/\$8

3.5-13.7 Oz.
Selected Varieties
Nabisco Ritz or Snack Crackers



2/\$5

4.9-5.5 Oz.
Selected Varieties
Pringles Chips



3⁹⁹

16 Oz.
Selected Varieties
Lawry's Seasoned Salt



2⁹⁹

7.5-16 Oz.
Selected Varieties
Zesta Crackers

DAIRY & Frozen



2/\$6

6.4-7 Oz.
Selected Varieties
Kraft Cracker Cuts or Cubes



2/\$5

5-8 Oz.
Selected Varieties
Kraft Shreds, Chunks or Slices



2⁴⁹

15 Oz.
Selected Varieties
Blue Bonnet Spread Bowls



1⁷⁹

16 Oz.
Selected Varieties
Blue Bonnet Margarine Sticks



5²⁹

48 Oz.
Selected Varieties
Califia Farms Milk, Creamer or Cold Brew



2/\$5

6.5 Oz.
Selected Varieties
Reddi Wip Dessert Topping



2/\$5

52 Oz.
Selected Varieties
Gold Peak Tea or Simply Lemonade or Punch



8/\$10

4.5 Oz.
Selected Varieties
Chobani Flip Singles



10/\$6

4-6 Oz.
Selected Varieties
Yoplait Yogurt

Chill DEAL

3³⁹

64 Oz.
Selected Varieties
Almond Breeze Milk



2⁹⁹

46 Oz.
Selected Varieties
Tropicana Refreshers



2/\$5

14-16 Oz.
Selected Varieties
Daisy Sour Cream



3⁹⁹

9-12 Oz.
Selected Varieties
Sargento Stick Cheese



2/\$7

4-4.5 Oz.
Selected Varieties
Sargento Balanced Breaks



5⁹⁹

45 Oz.
Selected Varieties
Country of Origin Spread



2/\$10

14.6-29.3 Oz.
Selected Varieties
DiGiorno Pizza



1⁷⁹

7.4-11.88 Oz., Selected Varieties
Banquet Classics Dinners



2/\$6

5-8 Ct., Selected Varieties
New York Texas Toast, Knots, Breadsticks or Rolls



3⁴⁹

8-11.6 Oz., Selected Varieties
TGI Fridays Frozen Appetizers



3⁴⁹

4-9 Ct., Selected Varieties
Fat Boy Ice Cream Sandwiches



2⁹⁹

14 Oz., Selected Varieties
Baskin Robbins Ice Cream



5 Oz.
Selected Varieties
José Olé Chimichanga or Burritos

4/\$5

13⁴⁹

12 Pk.
Selected Varieties
Hot Pocket Frozen Sandwiches



2/\$6

22-28 Oz.
Selected Varieties
PictSweet Clear Bag Vegetables



2⁹⁹

9-13 Oz.
Selected Varieties
SuperPretzel Pretzels or Softstix



2/\$4

8 Oz.
Selected Varieties
Cool Whip Whipped Topping

4⁹⁹

24 Ct.
Selected Varieties
Eggo Waffles



2⁹⁹

12 Oz.
Selected Varieties
Farm Rich French Toast Sticks



3⁹⁹

10.75 Oz.
Sara Lee Pound Cake

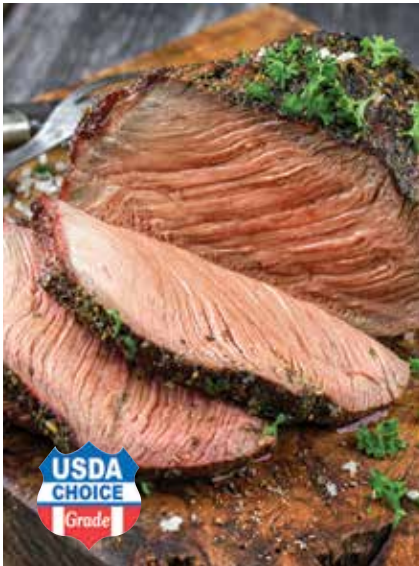


PREMIUM QUALITY *Meat Selections*



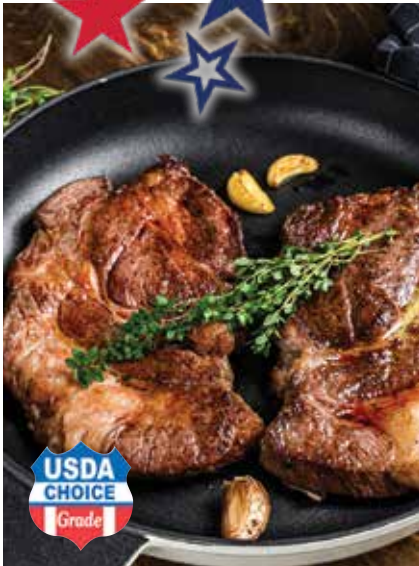
Family Pack Fresh **PORK STEAKS**

2¹⁹ *Lb.*



USDA Choice **BONELESS CHUCK ROAST**

6⁹⁹ *Lb.*



USDA Choice **CHUCK STEAKS**

7⁴⁹ *Lb.*

BUY 5 \$ SAVE \$5

Save \$5 instantly when you purchase Any 5 participating products!

ALL ITEMS MUST BE PURCHASED IN A SINGLE TRANSACTION. WITH PURCHASE OF 5 PARTICIPATING PRODUCTS

Oscar Mayer Fun Pack Lunchables
Selected Varieties, 8.8-10.7 Oz.

2.99 *EA.*
-1.00
1.99 *EA.*

WITH PURCHASE OF 5 PARTICIPATING PRODUCTS

Oscar Mayer Snackables
Selected Varieties, 2.64-3.8 Oz.

2.99 *EA.*
-1.00
1.99 *EA.*

WITH PURCHASE OF 5 PARTICIPATING PRODUCTS



Family Pack **Country Style Ribs**

2³⁹ *Lb.*



USDA Choice Family Pack **Boneless Beef Short Ribs**

7⁹⁹ *Lb.*



Lean & Meaty **Pork Spare Ribs**

2⁵⁹ *Lb.*

19 Oz. Selected Varieties **Johnsonville Fresh Brats or Italian Sausage Links**

4⁹⁹

6 Lb. **Holtens Quarter Pound Beef Patties**

26⁹⁹

14-16 Oz. Selected Varieties **Oscar Mayer Meat Dogs**

2/\$4

16 Oz. Selected Varieties **Jimmy Dean Roll Sausage**

3⁹⁹

12-16 Oz. Selected Varieties **Farmland Bacon**

4⁴⁹

12-16 Oz., Selected Varieties **JOHNSONVILLE COOKED SMOKED BRATS, LINKS OR BRAT PATTIES**

3⁹⁹

2.44-2.84 Oz., Selected Varieties **ARMOUR LUNCHMAKERS**

10/\$10

18-26.05 Oz., Selected Varieties **TYSON BREADED WINGS, SNACKS OR ANYTIZERS**

7⁷⁷

20 Oz., Selected Varieties **SCOTT PETE BEEF POLISH SAUSAGE**

7⁹⁹

12-24 Oz., Selected Varieties **BOB EVANS SIDE DISHES**

2/\$7

12 Oz., Selected Varieties **BAR-S MEAT FRANKS**

99¢

4⁹⁹ 12-16 Oz., Selected Varieties **Oscar Mayer Bacon**

4⁴⁹ 15 Oz., Selected Varieties **Oscar Mayer Beef Franks**

2/\$5 16 Oz., Selected Varieties **Oscar Mayer Stack Pack Bologna**

3⁹⁹ 6-9 Oz., Selected Varieties **Oscar Mayer Deli Fresh Lunch Meats**

6⁹⁹ 12 Oz., Selected Varieties **Vienna Beef Beef Franks**

12⁹⁹ 3 Lb., Selected Varieties **Jemm Burgers Deluxe Beef Patties**

8⁹⁹ 30 Ct., 40 Oz., Selected Varieties **Bob Evans Pork Sausage Patties**

2/\$7 14 Oz., Selected Varieties **Armour Original or Italian Meatballs**

4⁹⁹ 2.5 Lb., Selected Varieties **Tyson Individually Frozen Chicken Wing Portions**

8.3-14 Oz., Selected Varieties **ECKRICH SMOKED SAUSAGE**

2/\$7

12 Oz., Selected Varieties **NATHAN'S BEEF FRANKS**

4⁹⁹

PRODUCE FRESH *from the Farm!*

2⁹⁹ *Lb.*

California **Peaches or Nectarines**

2⁴⁹ *Lb.*

California **Red or Black Plums**

3 Lb. Bag **Paula Red, Golden Delicious or Gala Apples**

3⁴⁹

2⁹⁹ 9-12-13 Oz. Selected Varieties **Fresh Express Salad Kit**

1⁹⁹ *Lb.* **Broccoli Crowns**

2⁹⁹ 1 Lb. **Mini Sweet Peppers**

69¢ *Ea.* **Avocados**

1⁹⁹ *Lb.*

California **Green or Red Grapes**

13 Oz., Selected Varieties **Marzetti Dressings**

3⁹⁹

Premium **Cauliflower**

3⁴⁹ *Ea.*

1 Lb., Selected Varieties **The Little Potato Co.**

3²⁹

10-12 Oz., Selected Varieties **Taylor Farms Vegetables**

2⁴⁹

8 Oz., Snow or Sugar Snap **Taylor Farms Peas**

3²⁹

36 Oz., With Ranch **Taylor Farms Large Veggie Tray**

9⁹⁹

15 Oz., Selected Varieties **Yo Quiero! Guacamole**

3⁹⁹

12 Oz., Selected Varieties **POM Tea**

1⁷⁹

10-10.1 Oz., Selected Varieties **Fresh Express Caesar Salad Kit**

2⁴⁹

4.99

8 Pk./20 Oz. Bottles, Selected Varieties **Powerade Sports Drinks**

12.99

18 Pk./12 Oz. Bottles, Selected Varieties **Gatorade Thirst Quencher**

2.99

24 Pk./5 Liter Bottles **Best Choice Water**

21.99

30 Pk./12 Oz. Cans **Busch Light**

Deli & Bakery

8.99

Sliced to Order **Kretschmar Mesquite Turkey Breast**

6.99 *Lb.*

10 Ct., White, Pink, Blue or Unicorn **Sweet P's Frosted Sugar Cookies**

3⁹⁹

4 Ct **Kimberley's Gourmet Vanilla Cupcakes**

5⁴⁹

3.4 Oz. **Best Maid MM Crispy Bars**

1⁹⁹

12 Ct., 24 Oz **Clyde's Glazed Yeast Donuts**

5⁹⁹

21.99

24 Pk./12 Oz. Cans **Michelob Ultra**

15.99

8 Pk./12 Oz. Cans, Selected Varieties **Good Boy Cocktails**