

Bender's Foods

Deli • Fresh Meat • Produce • Liquor • Cold Beer

www.bendersfoods.com



Find us on:
facebook





Serving you in 4 locations!

Proud to be locally owned & operated

619 S. Hwy 52 | Guttenberg, IA 52052 | (563)252-1410

Store Hours: 7AM-9 PM • 7 Days a Week



Whole Boston Butt Pork Roast

USDA Choice Family Pack Beef Fajita Meat

Boston Butt Pork Roast

USDA Choice, Family Pack Boneless Beef Ribeye Steaks

1⁸⁸_{Lb.}

7⁹⁹_{Lb.}

1⁹⁹_{Lb.}

19⁹⁹_{Lb.}



Whole Bagged Chicken

1⁸⁹_{Lb.}



USDA Choice Eye of Round Roast



40 Oz. Individually Frozen Tyson Boneless Skinless Chicken Breast or Tenders

5⁹⁹

FIRST OF THE Season!

3⁴⁹

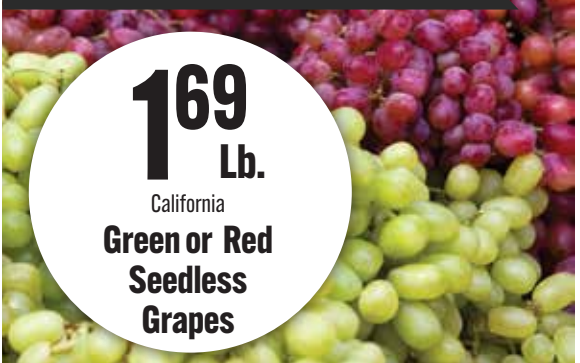
8 Lb. Bag Best Choice Russet Potatoes



PICKED AT Peak!

1⁶⁹_{Lb.}

California Green or Red Seedless Grapes



3 Pk., Selected Varieties Affy Tapple Caramel Apples

3⁹⁹

128 Oz., Selected Varieties Zeigler's Apple Cider

4⁹⁹

3 Lb. Bag, Michigan Red or Gold Delicious, Ambrosia, Gala, Jonagold or McIntosh Apples

2⁹⁹

WEEKLY Savings!



1⁹⁹

18.6-19 Oz. Selected Varieties Campbell's Chunky Soup



2/\$4

6-8.8 Oz., Selected Varieties Ben's Ready Rice Pouches



3/\$9

13.8-15.8 Oz. Selected Varieties Jack's Pizza

BUY 5 SAVE \$5

Save \$5 instantly when you purchase Any 5 participating products!

13.5-16 Oz. Selected Varieties Post Pebbles or Honey Bunches of Oats Cereal



3.99 EA. -1.00

2.99 EA.

24-32 Oz., Selected Varieties Edwards Dessert Pies



5.99 EA. -1.00

4.99 EA.

5-8 Oz. Selected Varieties Kraft Shreds or Chunks



2.99 EA. -1.00

1.99 EA.

19-32 Oz. Selected Varieties Ore-Ida Frozen Potatoes, Hash Browns, or Tater Tots



3.99 EA. -1.00

2.99 EA.

8.9-12 Oz. Selected Varieties General Mills Mid Size Cereals



2.49 EA. -1.00

1.49 EA.

8-16.5 Oz. Selected Varieties Pillsbury Cookies, Pizza Dough or Pull Apart Bread



3.99 EA. -1.00

2.99 EA.

ALL ITEMS MUST BE PURCHASED IN A SINGLE TRANSACTION. WITH PURCHASE OF 5 PARTICIPATING PRODUCTS

Not all flavors and/or items available at all locations.

PRICES EFFECTIVE WEDNESDAY, SEPTEMBER 30 - TUESDAY, OCTOBER 6, 2026

3-DAY SALE

FRIDAY, SATURDAY & SUNDAY OCTOBER 2ND, 3RD & 4TH



10.99

24 Pk./12 Oz. Cans, Selected Varieties Coke Products



4/\$3

14.5-15 Oz., Selected Varieties Best Choice Chili Beans or Tomatoes



2/\$3

8 Oz., Selected Varieties Best Choice Shreds, Chunks or Cream Cheese



2.88

1 Lb., Selected Varieties Best Choice Butter



4.99

4 Quart Pail., Selected Varieties Best Choice Ice Cream



4.99

6 Pk./12 Oz. Cans, Selected Varieties Bubbl'r Sparkling Water



1.49_{Lb.}

Red or Green Grapes



99¢

1 Lb. Grimmway Baby Carrots

BUY 5 SAVE \$5

Save \$5 instantly when you purchase Any 5 participating products!

32 Oz. Selected Varieties VELVEETA LOAF

7.99 EA. -1.00

6.99 EA.

10 Ct., Selected Varieties KOOL-AID JAMMERS

2.99 EA. -1.00

1.99 EA.

18-24 Oz., Selected Varieties BIBIGO OR PAGODA WONTONS OR EGG ROLLS

5.99 EA. -1.00

4.99 EA.

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Due to uncertainty from manufacturers across the supply chain we cannot guarantee availability or offer rain checks at this time. Thank you for your understanding. We reserve the right to limit quantities and correct typographical and pictorial errors. No sales to dealers. Thank you

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GLBASE_PG1_093026 GL24

BUY 5 \$ SAVE \$5

Save \$5 instantly when you purchase
Any 5 participating products!



12-16 Oz.
Selected Varieties

**Betty Crocker Cake, Brownie,
Cookie Mix or Frosting**

1.99^{EA.}
-1.00

99¢^{EA.}



7.25-14 Oz.
Selected Varieties

**Kraft Deluxe or Velveeta
Mac & Cheese**

2.99^{EA.}
-1.00

1.99^{EA.}



22-30 Oz.
Selected Varieties

Kraft Mayonnaise

4.99^{EA.}
-1.00

3.99^{EA.}



19-30 Oz., Selected Varieties

Kraft Miracle Whip

5.49^{EA.}
-1.00

4.49^{EA.}



6-12 Ct. or 12 Oz., Selected Varieties

**Gevalia Ground
Coffee or K-Cups**

8.49^{EA.}
-1.00

7.49^{EA.}



10 Ct., 9.9-11 Oz., Selected Varieties

**Maxwell House K-Cups or
Coffee**

7.49^{EA.}
-1.00

6.49^{EA.}



23.1-27.9 Oz., Selected Varieties

**Maxwell House Ground
Coffee**

12.99^{EA.}
-1.00

11.99^{EA.}



19-32 Oz., Selected Varieties

Heinz Ketchup

4.99^{EA.}
-1.00

3.99^{EA.}



15-24 Oz., Selected Varieties

Classico Pasta Sauce

3.49^{EA.}
-1.00

2.49^{EA.}



16 Oz., Selected Varieties

Kraft Salad Dressing

2.99^{EA.}
-1.00

1.99^{EA.}



6.5 Oz., Selected Varieties

Vlasic Pickle Balls

3.49^{EA.}
-1.00

2.49^{EA.}



6 Ct.
Selected Varieties

**Kool-Aid
Bursts**

1.99^{EA.}
-1.00

99¢^{EA.}



5 Ct.
Selected Varieties

**Nature Valley or Fiber One
Premium Grain Bars**

3.49^{EA.}
-1.00

2.49^{EA.}



25 Oz.
Selected Varieties

**Beggin'
Strips Dog
Treats**

9.99^{EA.}
-1.00

8.99^{EA.}



12 Oz.
Selected Varieties

**Starkist Chunk
Light Tuna**

3.39^{EA.}
-1.00

2.39^{EA.}



16-20.1 Oz.
Selected Varieties

**Nesquik Powder
Chocolate Drink Mix**

6.99^{EA.}
-1.00

5.99^{EA.}



6-6.35 Oz.
Selected Varieties

**Beggin'
Strips Dog
Treats**

3.49^{EA.}
-1.00

2.49^{EA.}



4-5 Pk.
Selected Varieties

**Kraft Blue Box
Mac & Cheese**

4.99^{EA.}
-1.00

3.99^{EA.}

ALL ITEMS MUST BE PURCHASED IN A SINGLE TRANSACTION. WITH PURCHASE OF 5 PARTICIPATING PRODUCTS



5.5 Oz., Selected Varieties

**Friskies Wet
Cat Food**

89¢



8-18 Roll
Selected Varieties

**Scott Bath Tissue
or Paper Towels**

9⁹⁹



10.7-100 Oz. or 18-240 Ct.
Selected Varieties

**Downy or Gain Fabric Softener,
Beads, Sheets or Gain Laundry
Detergent or Flings**

9⁹⁹

BUY 5 SAVE \$5

Save \$5 instantly when you purchase Any 5 participating products!

5 Ct.
Selected Varieties
**Fatty Meat
Sticks Minis**



6.99^{EA.}
-1.00

5.99^{EA.}

8.04 Oz.
Selected Varieties
**Annie's Macaroni
& Cheese Cups**



5.99^{EA.}
-1.00

4.99^{EA.}

ALL ITEMS MUST BE PURCHASED IN A SINGLE TRANSACTION. WITH PURCHASE OF 5 PARTICIPATING PRODUCTS

10 for \$10! *Mix or Match!*
*On Participating Items. Some exclusions may apply.



12-16 Oz.
Selected Varieties
**Creamette or
Ronco Pasta**



12-16 Oz.
Selected Varieties
**Mueller's or
San Giorgio Pasta**



1.5-2.8 Oz.
Selected Varieties
**Kellogg's
Cereal**

GROCERY *Great Prices*



2¹⁹

15.25-16.3 Oz.
Selected Varieties
**Campbell's Chunky
Homestyle Bowls**



12 Oz.
Selected Varieties
**Mueller's or
Creamette
Egg Noodles**

2/\$4



16 Oz.
**Mrs. Weiss' Egg
Noodles**

2/\$5



12 Oz.
Selected Varieties
**No Yolks or Light 'n
Fluffy Egg Noodles**

2/\$4



14-15 Oz.
Selected Varieties
**Hormel Chili With or
Without Beans**

2/\$5



46 Oz.
Selected Varieties
**V8 Tomato,
Vegetable or
Fusion Juice**

2/\$6



12-16 Roll
Selected Varieties
**Charmin Bath Tissue
or Bounty Paper
Towels**

26⁹⁹

EVEN MORE SAVINGS ON *Pets*



4 Ct.
Selected Varieties
9Lives Wet Cat Food

2⁹⁹



4 Pk.
Delectables Cat Treats

2⁴⁹



4/\$5

2.1 Oz.
Selected Varieties
**Friskies Party
Mix Cat Treats**



18⁹⁹

13-15 Lb.
Selected Varieties
**Purina Cat Chow
Dry Cat Food**

GROCERY *Goodies*



24 Pk./16.9 Oz. Bottles
Selected Varieties
**Pure Life
Water**

3⁹⁹



22-26 Oz.
Selected Varieties
**Dolly Parton's
Pancake Mix or Syrup**

2/\$7



16 Oz.
Selected Varieties
**Jet Puffed
Marshmallows**

2/\$5



11 Oz.
Selected Varieties
**Kraft Caramels or
Caramel Bits**

2/\$5



8 Pk./12 Oz. Cans
Selected Varieties
**Bubly Sparkling
Water**

3⁸⁹



5.25 Oz.
Selected Varieties
**DAVID
Sunflower Seeds**

1⁷⁹



.97 Oz.
Selected Varieties
**Slim Jim Giant
Meat Sticks**

4/\$5



4⁴⁹
24-28 Pk.
Selected Varieties
Pure Life Water



3⁹⁹
9.2-11 Oz.
Selected Varieties
**Cascadian Farms Organic Cereal
or Granola**



4⁹⁹
16 Ct.
Selected Varieties
**Nutri Grain Bars or Rice
Krispies Treat Bars**



4²⁹
6 Ct.
**Jiffy Corn
Muffin Mix**



3⁴⁹
64 Oz.
Selected Varieties
Welch's Grape Juice



2⁹⁹
22-28 Oz.
Selected Varieties
**Lysol Multi Surface or
Kitchen Cleaner**



41 Oz.
Selected Varieties
**Lysol Laundry
Sanitizer**

6⁹⁹



32 Oz.
Selected Varieties
**Lysol All Purpose
Cleaner**

3⁹⁹



12.5 Oz.
Selected Varieties
**Head & Shoulders
Shampoo**

6⁹⁹



10.9-13.5 Oz.
Selected Varieties
**Herbal Essences or
Pantene Shampoo
or Conditioner**

9⁹⁹



2⁹⁹
22-28 Oz.
Selected Varieties
**Lysol Multi Surface or
Kitchen Cleaner**



18-24 Oz.
Selected Varieties
**Olay or Old Spice
Body Wash**

7⁹⁹



3.8 Oz.
Selected Varieties
Gillette Deodorant

6⁴⁹



5.7 Oz.
Selected Varieties
Crest Toothpaste

1⁹⁹



8 Oz.
Pepto Bismol

5⁴⁹



0.5-15 Oz. or 4-12 Ct.
Selected Varieties
**Vicks VapoRub,
ZzzQuil or Sinex
Medicine**

9⁹⁹



25-96 Ct.
Selected Varieties
**Rolaid's Antacid
Tablets or Powder**

4⁹⁹



3-5 Ct.
Selected Varieties
**Gillette, Mach3,
Sensor 2, or Venus
Razors**

6⁹⁹



.25-8.1 Oz.
Selected Varieties
Febreze Air Care

3⁴⁹



6-12 Roll
Selected Varieties
**Fiora Essentials
Bath Tissue or
Towels**

3⁹⁹

BUY 5 SAVE \$5

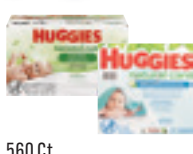
Save \$5 instantly when you purchase
Any 5 participating products!

BUY 5 SAVE \$5



704 Ct.
**Huggies
Simply Clean
Baby Wipes**

**18.99
-1.00
17.99^{EA.}**



560 Ct.
Selected Varieties
**Huggies
Natural Care
Baby Wipes**

**20.99
-1.00
19.99^{EA.}**



9-14 Ct.
Selected Varieties
**Goodnites
Pull-Ups**

**12.49
-1.00
11.49^{EA.}**



14-23 Ct.
Selected Varieties
**Pull-Ups
Training Pants**

**11.99
-1.00
10.99^{EA.}**



56-66 Ct.
Selected Varieties
**Pull-Ups
Training Pants**

**32.49
-1.00
31.49^{EA.}**



42-96 Ct.
Selected Varieties
**Huggies
Little Movers**

**31.99
-1.00
30.99^{EA.}**



66-104 Ct.
Selected Varieties
**Huggies Snug
& Dry Diapers**

**30.99
-1.00
29.99^{EA.}**



288-352 Ct.
Selected Varieties
**Huggies
Natural Care
Wipes**

**13.99
-1.00
12.99^{EA.}**



21-44 Ct.
Selected Varieties
**Huggies Snug
& Dry Diapers**

**9.99
-1.00
8.99^{EA.}**



16-32 Ct.
Selected Varieties
**Huggies Little
Snugglers or
Movers**

**11.49
-1.00
10.49^{EA.}**

ALL ITEMS MUST BE PURCHASED IN A SINGLE TRANSACTION. WITH PURCHASE OF 5 PARTICIPATING PRODUCTS

DON'T MISS OUT ON THESE *Great Savings!*

6.5-12.4 Oz.
Selected Varieties
**Cheez-It
Crackers**

3⁴⁹

9.31-19.5 Oz.
Selected Varieties
**Nabisco Family
Size Crackers or
Cookies**

4⁹⁹



2⁹⁹

10-12.1 Oz., Selected Varieties
**Kikkoman Soy, Teriyaki
or Stir Fry Sauce**



6²⁹

3.5 Oz.
**Nescafé Clásico
Coffee**

BUY 5 \$SAVE \$5

Save \$5 instantly when you purchase
Any 5 participating products!



8 Oz.
Selected Varieties
**Philadelphia
Cream Cheese**

3.49 EA.

-1.00

2.49 EA.



76 Oz.
Selected Varieties
**Simply Orange
Juice**

7.99 EA.

-1.00

6.99 EA.



7-15.5 Oz.
Selected Varieties
**Jell-O Gelatin
or Pudding**

2.99 EA.

-1.00

1.99 EA.



10.7-12 Oz.
Selected Varieties
Kraft Singles

3.99 EA.

-1.00

2.99 EA.



4 Pk.
Selected Varieties
Chobani Yogurt

3.99 EA.

-1.00

2.99 EA.



12 Ct., 37.2 Oz.
Selected Varieties
**Danimals
Yogurt**

6.99 EA.

-1.00

5.99 EA.

ALL ITEMS MUST BE PURCHASED IN A SINGLE TRANSACTION. WITH PURCHASE OF 5 PARTICIPATING PRODUCTS

DAIRY & Frozen



5⁴⁹

52 Oz.
Selected Varieties
Fairlife Milk



3⁹⁹

14-16.5 Oz.
Selected Varieties
**Nestlé Toll House
Cookie Dough**



8⁹⁹

25 Oz.
Selected Varieties
**Rana Lasagna
Meals**



2/\$10

24-32 Oz.
Selected Varieties
**Starbucks or
Natural Bliss
Creamer**

7⁹⁹

21.8 Oz., Korean BBQ Beef
**Rana Take
Home Meals**



4⁹⁹

24-32 Oz.
Selected Varieties
**Banquet Boneless
Chicken**



3.49

8-11.6 Oz.
Selected Varieties
TGI Fridays Frozen Appetizers



4/\$5

4.5-10.2 Oz., Selected Varieties
Michelina's Entrées



2/\$6

12-18 Oz. or 4 Ct., Selected Varieties
**PictSweet Roasting, Skillet, Grilling
or Air Fryer Vegetables**



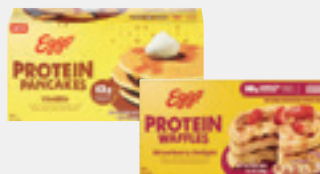
2/\$6

10-13 Oz., Selected Varieties
**Marie Callender's Bowls
or Small Pot Pies**



4²⁹

12-13 Oz., Selected Varieties
**Birds Eye Premium
Vegetables**



2/\$8

10-12 Ct., Selected Varieties
**Eggo Protein Pancakes
or Waffles**



5⁹⁹

16-18 Oz., Selected Varieties
**Innovasian Cuisine
Frozen Entrées**



2⁹⁹

12 Oz., Selected Varieties
**Farm Rich French Toast
Sticks**

PREMIUM QUALITY Meat Selections



Market Fresh, Family Pack
85% LEAN GROUND BEEF

5.99 Lb.



Family Pack
PORK STEAKS

2.19 Lb.



USDA Choice
Family Pack
EYE OF ROUND STEAKS

6.49 Lb.

BUY 5 SAVE \$5

Save \$5 instantly when you purchase *Any 5* participating products!
ALL ITEMS MUST BE PURCHASED IN A SINGLE TRANSACTION.
WITH PURCHASE OF 5 PARTICIPATING PRODUCTS

4.49 EA.
-1.00
3.49 EA.
WITH PURCHASE OF 5 PARTICIPATING PRODUCTS

3.79 EA.
-1.00
2.79 EA.
WITH PURCHASE OF 5 PARTICIPATING PRODUCTS

Oscar Mayer Deli Fresh Lunch Meats or Carving Board Strips

Selected Varieties, 6-9 Oz.

Oscar Mayer Stack Pack Bologna or Cotto Salami

Selected Varieties, 16 Oz.



Family Pack, Fresh
85% Ground Beef Patties

6.49 Lb.



Family Pack
Country Style Ribs

2.39 Lb.



USDA Choice, Family Pack
Cube Steaks

6.99 Lb.



12-16 Oz., Selected Varieties
Oscar Mayer Bacon

5.99

5.99
14 Oz.
Scott Pete Beef Franks

2/\$7
8.3-14 Oz.
Selected Varieties
Eckrich Smoked Sausage

3.99
12-24 Oz.
Selected Varieties
Bob Evans Side Dishes

8.99
30 Ct., 40 Oz.
Selected Varieties
Bob Evans Pork Sausage Patties

2/\$5

10-15 Oz., Selected Varieties
Cacique Queso Fresco or Crema

1.00

9 Oz., Selected Varieties
Cacique Chorizo

3/\$4

12 Oz., Selected Varieties
Bar-S Meat Franks

11.99

38 Oz., Selected Varieties
Johnsonville Fresh Party Pack Brats

7.99

28 Oz., Selected Varieties
Johnsonville Family Pack Smoked Brat Links

3.99

7-8 Oz., Selected Varieties
Smithfield Prime Lunch Meats

4.99

19 Oz., Selected Varieties
Smithfield Bratwurst

4/\$5

2-2.84 Oz., Selected Varieties
Armour LunchMakers

16.99

16-20 Ct., 2 Lb.
Sea Best Argentine Shrimp

24 Oz., Selected Varieties
SIMPLY POTATOES SIDE DISHES

2/\$6

24 Oz., Selected Varieties
WRIGHT STACK PACK BACON

9.99

16 Oz., Selected Varieties
OSCAR MAYER ECONOWELL LUNCH MEATS

3.99

5-6 Oz., Selected Varieties
HORMEL PEPPERONI

2.99

20-29 Oz., Selected Varieties
TYSON BREADED CHICKEN

4.99

12-16 Oz., Selected Varieties
SWAGGERTY'S FARM PORK SAUSAGE ROLLS, PATTIES OR LINKS

2/\$7

2 Lb.
HOLTEN'S CHOPHOUSE CAB® STEAK BURGER PATTIES

13.99

2 Lb., Selected Varieties
MOO & OINK SAUSAGE LINKS

9.99

PRODUCE FRESH from the Farm!

4.99 Ea.

Pumpkins

5.99

3 Lb. Bag
Seedless Mandarins

1.39 Lb.

BARTLETT PEARS

2.59 Lb.

Washington Premium SugarBee Apples

1.39 Lb.

Papayas

1.79

3 Lb.
Medium Yellow Onions

89¢ Lb.

Acorn, Spaghetti, Butternut, Sweet Dumpling, Turban or Kabocha Squash

5.99

2 Lb. Clamshell
BI-COLOR GRAPES

2 Lb.

Bunny Luv Carrots

1.99

9-12 Oz., Selected Varieties
Fresh Express Salad

2.29

Russet Baking Potatoes

89¢ Lb.

Cabbage

59¢ Lb.

2.5 Oz., Selected Varieties
Apple Chips

1.99

Avocados

79¢ Ea.

12 Oz., Selected Varieties
Bolthouse Dressing

3.79

14 Oz.
Fresh Express Coleslaw

1.59

12 Oz., Selected Varieties
Marzetti Dips

3.99

30.2-39.5 Oz., Selected Varieties
Kellogg's Bag Cereal

4.99

5-8 Oz., Selected Varieties
Frito-Lay Lay's Chips

2/\$5

6 Ct.
Butterfinger, Baby Ruth or 100 Grand Ice Cream Bars

3.99

48 Oz. Selected Varieties
Blue Ribbon Classics Frozen Dairy Dessert

2.99

8 Lb.
Kingsford Charcoal

7.99

8 Lb.
Kingsford Matchlight Charcoal

8.99

12.68-30 Oz., Selected Varieties
Little Debbie Big Pack Snacks

3.99

5 Lb., Selected Varieties
Best Choice Flour

1.99

8 Oz., Selected Varieties
Best Choice Shredded, Chunk or Cream Cheese

2/\$4

6 Ct., Selected Varieties
Shullsburg Breadsticks

3.49

14.5-15 Oz., Selected Varieties
Best Choice Chili Beans, Canned Tomatoes or Vegetables

5/\$5

5.99

12 Inch, Selected Varieties
Brew Pub Lotzza Motzza

11.99

24 Pk./12 Oz. Cans, Selected Varieties
Coke Products

5.99

12 Pk./12 Oz. Cans, Selected Varieties
Pepsi Products

2.99

22 Oz. Rustic Country White or English Muffin
Artisan Hearth Bread

22.99

30 Pk./12 Oz. Cans
Busch Light

17.99

12 Pk./12 Oz. Cans
Big Grove Tigerhawk

16.99

8 Pk./12 Oz. Cans, Selected Varieties
Carbliss Cocktails

23.99

24 Pk./12 Oz. Cans
Coors Light