Bender's Foods

Deli • Fresh Meat • Produce • Liquor • Cold Beer

www.bendersfoods.com

Find us on: facebook

USDA CHOICE Grade

619 S. Hwy 52 | Guttenberg, IA 52052 | (563)252-1410

Store Hours: 7AM-9 PM • 7 Days a Week

Bone-In **Chicken Split Fryer Breasts** 1.79 Lb.

Fresh **Pork Baby Back Ribs** 3.99 Lb.

Family Pack **Bone-In Pork Sirloin End Chops** 1.69 Lb.

USDA Choice **Boneless Beef Stew Meat** 6.99 Lb.

Bone-In **Pork Sirloin Roast** 1.59 Lb.

5.99 Lb. USDA Choice **Boneless Beef Shoulder Roast**

3.99 16 Oz. Selected Varieties **Kentucky Legend Sliced Bacon**

FIRST OF THE Season!

3.99 3 Lb. Bag **Seedless Mandarins**

9.12-11.75 Oz., Selected Varieties **Fresh Express Chopped Salad Kits** 2.99

2 Lb. Clamshell **Bi-Color Grapes** 4.99

PICKED AT Peak!

5.99 **Pomegranates**

Red, Yellow or Orange **Bell Peppers** 4/$5

3.99 20-32 Oz., Selected Varieties **Ore-Ida Frozen Potatoes, Hash Browns or Tater Tots**

2/$9 14.6-29.3 Oz. Selected Varieties **DiGiorno Pizza**

3-DAY SALE

FRIDAY, SATURDAY, & SUNDAY OCTOBER 23TH-25TH

2.99 Gallon, 2%,1% or Skim **Prairie Farms Milk**

10.99 24 Pk., Selected Varieties **Pepsi Products**

2/$5 12-16 Oz. Selected Varieties **Prairie Farms Dips or Sour Cream**

1.99 5 Lb., Selected Varieties **Best Choice Flour**

2.99 4 Lb., Selected Varieties **Best Choice Sugar**

2/$3 8 Oz., Selected Varieties **Best Choice Cream Cheese**

4.99 4 Qt., Selected Varieties **Best Choice Ice Cream Pails**

2/$10 Selected Varieties **Brew Pub Lottza Motzza Pizza**

Hot DEAL

99¢ 10.5-10.75 Oz. Selected Varieties **Campbell's Soups**

7.79 2-6 Rl. Selected Varieties **Charmin or Bounty Bath Tissue or Paper Towels**

6 Ct. Selected Varieties **V8 Energy Juice** 2.99

24 Pk. Selected Varieties **Ice Mountain or Deer Park Spring Water** 5.49

6 Pk. Selected Varieties **Splash Refreshers** 2.49

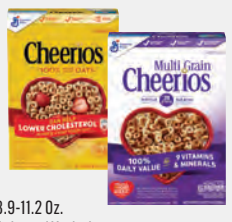
8.46-16.2 Oz. Selected Varieties **Little Debbie Family Packs** 2.69

3-4 Ct. or 14-16 Oz., Selected Varieties **Ben & Jerry's, Magnum, Talenti or Yasso Ice Cream Bars, Yogurt or Gelato** 2/$10

13.8-15.8 Oz. Selected Varieties **Jack's Pizza** 2/$7

6-8 Oz. Selected Varieties **Best Choice Cheese Shreds or Chunks** 2/$4

22-27.9 Oz. Selected Varieties **Maxwell House Original or Decaf Coffee** 10.99



8.9-11.2 Oz. Selected Varieties **General Mills Cereal Cheerios** 2/$5

11-16.6 Oz. Selected Varieties **Post Honey Bunch of Oats or Raisin Bran Cereal** 2.79

6-10 Ct. or 1.50 Oz. Selected Varieties **Quaker Instant Oatmeal or Oat Shakes & Go** 2.79

Not all flavors and/or items available at all locations.

PRICES EFFECTIVE **WEDNESDAY, OCTOBER 21 - TUESDAY, OCTOBER 27, 2026**

Due to uncertainty from manufacturers across the supply chain we cannot guarantee availability or offer rain checks at this time. Thank you for your understanding.

We reserve the right to limit quantities and correct typographical and pictorial errors. No sales to dealers. Thank you

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GREAT DEALS DOWN *Every Aisle!*

2/$6
15-24 Oz.
Selected Varieties
Bertolli Pasta or Alfredo Sauce

2/$4
8-16 Oz., Selected Varieties
Barilla Better for You Pasta

2/$5
11-22 Oz.
Selected Varieties
Pace Salsa or Picante Sauce

4/$5
15.6-15.8 Oz.
Selected Varieties
SpaghettiOs Pasta

2/$4
12 Oz.
No Yolks, Ronco, Mueller's, Creamette or Light N Fluffy Egg Noodles

2/$4
64 Oz.
Selected Varieties
V8 Splash Juice

2/$4
7.25-14 Oz.
Kraft or Velveeta Deluxe Macaroni & Cheese

3.99
4-5 Pk.
Kraft Blue Box Macaroni & Cheese or Spirals

2/$3
14-14.5 Oz.
Selected Varieties
Swanson Broth

2/$7
12 Pk.
Selected Varieties
Maruchan Ramen

1.79
6 Pk.
Selected Varieties
Maruchan Ramen Souper

9.99
34-40 Ct.
Selected Varieties
Glad Trash Bags

1.99
2-8 Oz.
Selected Varieties
Zatarain's Rice Dinners

3.99
40 Oz.
Selected Varieties
Sweet Baby Ray's BBQ Sauce

4.99
20 Oz.
Selected Varieties
Hidden Valley Salad Dressing

6.99
10 Ct.
Selected Varieties
Maxwell House or Gevalia K Cups

2.99
32 Oz.
Vlasic Sauerkraut

DON'T MISS *Deals!*

14.5-15.25 Oz.
Selected Varieties
Libby's Vegetables
10/$10

SAVE ON *Home & Pet*

18-90 Ct.
Selected Varieties
Dixie Plates, Bowls or Platters
5.99

20 Oz.
Selected Varieties
Palmolive Dish Soap
2.79

77-81 Oz.
Selected Varieties
Clorox Bleach
5.99

6-12 Rl.
Selected Varieties
Angel Soft or Sparkle Bath Tissue or Paper Towels
8.99

24 Oz., Selected Varieties
Milk-Bone Dog Treats
3.99

3 Oz., Selected Varieties
Fancy Feast Wet Cat Food
99¢

3-3.15 Lb.
Selected Varieties
Meow Mix Dry Cat Food
5.99

14-20 Lb.
Selected Varieties
Arm & Hammer Cat Litter
9.99

WE RESERVE THE RIGHT TO LIMIT QUANTITIES AND CORRECT TYPOGRAPHICAL AND PICTORIAL ERRORS. NO SALES TO DEALERS. THANK YOU.

BIG FLAVOR, *Made Easy*

64 Oz.
Heinz Ketchup

5.49 EA.

When You Buy 5 **at Regular Sale Price $8.49 ea.**

30 Ct.
Selected Varieties
Capri-Sun Pouches

6.99 EA.

When You Buy 5 **at Regular Sale Price $9.99 ea.**

16.4-42 Oz.
Selected Varieties
Kraft Deluxe or Velveeta Macaroni & Cheese Cups or Dinners

6.49 EA.

When You Buy 5 **at Regular Sale Price $9.49 ea.**

4.49 EA.

When You Buy 5 **at Regular Sale Price $7.49 ea.**

24 Oz.
Kraft American Singles Twin Pack

5.49 EA.

When You Buy 5 **at Regular Sale Price $8.49 ea.**

80 Oz.
Selected Varieties
Ore-Ida Frozen Potatoes or Tater Tots

7.99 EA.

When You Buy 5 **at Regular Sale Price $10.99 ea.**

31.1 Oz. or 40 Ct.
Selected Varieties
Bagel Bites Pizza Bagels

4.99 EA.

When You Buy 5 **at Regular Sale Price $7.99 ea.**

12-17.4 Oz.
Selected Varieties
TGI Fridays Frozen Appetizers

2/$3

2.6-4.5 Oz.
Selected Varieties
StarKist Lunch to Go, Smart Bowls or Pouches

1.79

5 Oz.
In Water
Chicken of the Sea Solid White Tuna

2.99

9.5 Oz.
Selected Varieties
Kraft Restaurant Macaroni & Cheese

7.99

12 Oz.
Selected Varieties
Gevalia Ground Coffee

17.99

80 Ct.
Glad Trash Bags

3.59 10 Oz.
Kraft Protein Sticks

FAMILY FAVORITES *For Less*

32 Oz.
Red Gold Ketchup

1.99

8 Oz.
Red Gold Tomato Sauce

3/$2

12 Oz.
Slap Ya Mama Buffalo Sauce

3.49

15 Lb.
Selected Varieties
Cat Chow Dry Cat Food

17.99

4-7 Oz.
Selected Varieties
Purina Busy Bone Dog Treats

2.99

16 Lb.
Selected Varieties
Friskies Dry Cat Food

15.99

16.5 Lb.
Selected Varieties
Purina ONE Dry Dog Food

29.99

5.5 Oz.
Selected Varieties
Friskies Wet Cat Food

89¢

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EVERYDAY FAVORITES & *Everyday Value*

15-24 Oz.
Selected Varieties
Carbone Pasta or Alfredo Sauce
6.99

12 Pk.
Pure Life Baby Water
2.99

50-100 Ct.
Selected Varieties
Lipton Cup Size Tea Bags
4.49

2.99
6.84-7.16 Oz.
Selected Varieties
Pringles Party Stacks

3.99
6-16 Ct.
Selected Varieties
Wonder Cupcakes or Cinnamon Rolls

2.99
8 Ct.
Selected Varieties
Keebler Sandwich Crackers

1.99
4-4.25 Oz.
Selected Varieties
Wonder Danish Pastries

3.99
8.1 Oz.
Selected Varieties
Nabisco Toasted Chips

69¢
.87-.88 Oz.
Selected Varieties
McCormick Brown Gravy

4/$5
2.64 Oz.
Selected Varieties
McCormick White Gravy Mix

2/$3
.75-1 Oz.
Selected Varieties
McCormick Assorted Gravy Mix

2.49
32 Oz.
Jiffy Pancake Mix

2.99
6 Oz.
Selected Varieties
Crisco Cooking Sprays

2.99
11.2-19.1 Oz.
Selected Varieties
Betty Crocker Premium Dessert or Baking Mixes

11 Oz., Selected Varieties
Kraft Caramels or Caramel Bits
2/$5

3.99
10 Ct.
Selected Varieties
Capri-Sun Juice Pouches

ESSENTIALS FOR *Less*

8 Oz.
Pepto-Bismol
5.49

10.9-13.5 Oz.
Selected Varieties
Herbal Essences or Pantene Shampoo or Conditioner
9.99

100-105 Oz.
Selected Varieties
Suavitel Fabric Softener
8.49

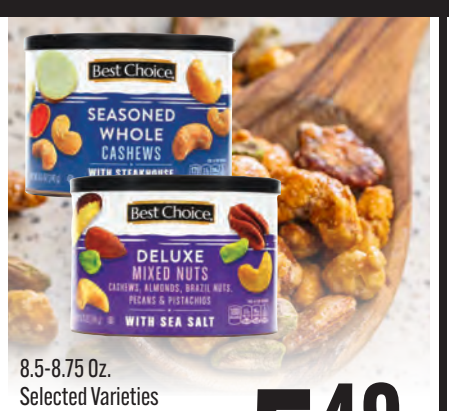
80-100 Ct.
Selected Varieties
Vanity Fair Napkins
2.89

Best Choice BETTER VALUE STARTS WITH *Best Choice*

24 Oz.
Selected Varieties
Best Choice Syrup
2.49

5 Lb.
Selected Varieties
Best Choice Flour
2.49

8-10.3 Oz.
Selected Varieties
Best Choice Mixed Nuts
4.99



8.5-8.75 Oz.
Selected Varieties
Best Choice Deluxe Mixed Nuts or Whole Cashews
5.49

18 Oz.
Selected Varieties
Best Choice Trail Mix
6.49

10.2-22 Oz.
Selected Varieties
Best Choice Coffee Creamer
3.99

16 Oz.
Selected Varieties
Best Choice Pickles
2.99

4-5 Oz.
Selected Varieties
Best Choice Potatoes
1.69

5-8 Oz.
Selected Varieties
Best Choice Cooking Spray
2.49

10-12 Oz.
Selected Varieties
Best Choice Pie Shell
2.49

32 Oz.
Selected Varieties
Best Choice Cobbler
6.99

4 Qt.
Selected Varieties
Best Choice Ice Cream Pail
5.99

28 Oz.
Selected Varieties
Best Choice Pine or Lemon Cleaner
2.99

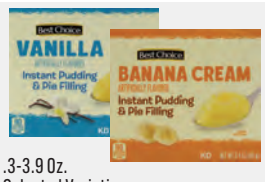
10-48 Ct.
Selected Varieties
Best Choice Slider or Freezer Bags
1.99

8.45 Oz.
Best Choice Rinse Aid
2.19

30 Ft.
Selected Varieties
Best Choice Aluminum Foil
1.99

15 Oz.
Selected Varieties
Best Choice Ricotta Cheese
2.49

8 Oz.
Selected Varieties
Best Choice Cream Cheese
1.99



.3-3.9 Oz.
Selected Varieties
Best Choice Gelatin or Pudding
79¢

14.5-15.25 Oz.
Selected Varieties
Best Choice Canned Fruit
1.99

12 Oz.
Selected Varieties
Best Choice Frozen Vegetables
4/$5

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DON'T MISS OUT ON THESE *Great Savings!*

4.99
8-19.5 Oz.
Nabisco Family Size Chips Ahoy Cookies, Oreos or Snack Crackers

2.99
6-10 Ct.
Nutri Grain, Special K or Rice Krispies Treats

99¢
1.62-3.3 Oz. or 2 Ct.
Cheez-It, Pringles, PopTarts or Rice Krispies Treats Grab & Go

4.49
17.6 Oz. or 12-22 Ct.
Selected Varieties
Betty Crocker Fruit Snacks Value Pack

2.99
7.5-16 Oz.
Selected Varieties
Zesta Crackers

2.99
9.5-13 Oz.
Selected Varieties
Chips Ahoy! Cookies

2/$12
14-18 Oz.
Selected Varieties
Dot's Pretzels or Reese's Filled Pretzels

2 Lb.
Selected Varieties
Crystal Baking Sugar
2.99

23-24 Oz.
Selected Varieties
Mott's Applesauce
2.99

24 Oz.
Selected Varieties
Wesson Cooking Oil
2.99

SPOOKTACULAR CANDY DEAL!

24.8-30 Oz.
Selected Varieties
Hershey's Assorted Snack Size Candy Party Bag
13.99

DAIRY & *Frozen*

2/$3
6-8 Oz., Selected Varieties
Daisy Sour Cream or Cottage Cheese

3.99
32-64 Oz., Selected Varieties
Lactaid Creamer or Milk

2/$5
7-8 Oz., Selected Varieties
Kraft Natural Slices

2.99
6-7 Oz.
Selected Varieties
Kraft Cracker Cuts or Cubes

4.49
52 Oz.
Selected Varieties
Florida's Natural Orange Juice

5.99
40-48 Oz.
Selected Varieties
Starbucks Coffee

4.49
14-64 Oz.
Selected Varieties
International Delight Creamer or Cold Foam

2.99
32-52 Oz.
Selected Varieties
Planet Oat Milk or Creamer

64 Oz.
Selected Varieties
Turkey Hill Tea
1.99

8-16.5 Oz.
Selected Varieties
Pillsbury Cookies, Pizza Dough, Filled Crescents or Pull Apart Bread
3.49

7.35 Oz.
Selected Varieties
Texas Roadhouse Spreads
3.49

20 Oz.
Selected Varieties
Rana Pasta
5.99

7.4-11.88 Oz.,
Selected Varieties
Banquet Classics Dinners
1.79

2/$7
21.78 Oz.
Super Pretzel Soft Pretzel Bites

3.99
8-9.8 Oz.
Selected Varieties
Hola Churros

6.49
24 Oz.
Selected Varieties
Tai Pei Potstickers

9-11 Oz., Selected Varieties
Tai Pei Single Serve Entrees
2.99

11.75 Oz. or 6 Ct.
Selected Varieties
Pepperidge Farm Garlic or Cheese Bread
3.29

11.5-11.7 Oz., Selected Varieties
Marie Callender's Layered Shepherd's Pie
3.79

5-40 Ct., Selected Varieties
Eggo Thick & Fluffy Waffles, Pancakes, or French Toast Sticks
2.99

13.2-14.8 Oz.
Delizza Frozen Eclairs
5.99

10-15 Oz., Selected Varieties
Birds Eye Premium Vegetables
2/$6

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PREMIUM QUALITY *Meat Selections*

18.4-23 Oz. Selected Varieties
SMITHFIELD MARINATED FRESH PORK TENDERLOINS, PICNICS OR LOIN FILLETS 4.99

USDA Choice, Family Pack
BONELESS BEEF SHOULDER STEAKS 6.49 Lb.

Family Pack, 85% Lean
MARKET FRESH GROUND BEEF 5.99 Lb.

2.34 Lb.
BAR-S FAMILY PACK CORN DOGS 6.99

16 Oz., Selected Varieties
OSCAR MAYER STACK PACK MEAT OR TURKEY BOLOGNA OR COTTO SALAMI 2/$5

20-24 Oz., Selected Varieties
JOHNSONVILLE SUMMER SAUSAGE, FAMILY SIZE BRAT PATTIES OR MEATBALLS 7.99

19-20 Oz., Selected Varieties
HORMEL SIDE DISHES 3.99

3 Lb.
BAR-S FAMILY PACK BUN LENGTH FRANKS 6.99

22.5-24 Oz., Selected Varieties
FAST FIXIN' BREADED CHICKEN 4.49

16 Oz., Selected Varieties
SCOTT PETE JUMBO MEAT OR CARNIVAL FRANKS 2/$4

24 Oz., Selected Varieties
SIMPLY POTATOES SIDE DISHES 2/$6

2 Lb., Selected Varieties
MOO & OINK SAUSAGE LINKS 9.99

USDA Choice, Family Pack
Boneless Beef Top Sirloin Steaks 8.99 Lb.

USDA Choice, Family Pack
Boneless Beef Top Blade Steaks 7.99 Lb.

Family Pack, 85% Lean
Fresh Ground Beef Patties 6.49 Lb.

15-16 Oz.
Selected Varieties
Oscar Mayer Family Size Deli Shaved Lunch Meats 4.99

5.99
15-17 Oz., Selected Varieties
Jimmy Dean Breakfast Sandwiches, Burritos, Muffins Hash Browns or Roll-Ups

5.77
20 Oz.
Selected Varieties
Scott Pete Meat Smoked Sausage

8.99
40 Oz.
Bob Evans Pork Sausage Patties

4.99
18.1-24.6 Oz., Selected Varieties
Van de Kamp's Frozen Breaded Fish Fillets or Sticks

BUY 5 SAVE $1.5

6.99 EA.
28 Oz.
Selected Varieties
Oscar Mayer Deli Sub Kits
When You Buy 5 at Regular Sale Price $9.99 ea.

BUY 5 SAVE $1.5

6.99 EA.
16-17.5 Oz.
Selected Varieties
Oscar Mayer Basic Lunchables
When You Buy 5 at Regular Sale Price $9.99 ea.

BUY 5 SAVE $1.5

9.99 EA.
48 Oz.
Selected Varieties
Delimex Taquitos
When You Buy 5 at Regular Sale Price $12.99 ea.

BUY 5 SAVE $1.5

6.99 EA.
30 Oz.
Oscar Mayer Beef Franks
When You Buy 5 at Regular Sale Price $9.99 ea.

BUY 5 SAVE $1.5

6.99 EA.
22 Oz. Mega Pack
Selected Varieties
Oscar Mayer Sliced Bacon
When You Buy 5 at Regular Sale Price $9.99 ea.

14 Oz., Selected Varieties
4.49 **Zatarain's Smoked Sausage**

3.3 Oz., Turkey & Cheddar
2/$5 **Oscar Mayer Snack Bites**

7-8 Oz., Selected Varieties
3.99 **Smithfield Prime Lunchmeats**

16 Oz., Selected Varieties
4.49 **Farmland Ham Steaks or Diced Ham**

30 Oz., Selected Varieties
8.99 **Jimmy Dean Family Pack Pancake & Sausage**

14 Oz.
5.99 **Scott Pete Beef Franks**

15 Oz., Selected Varieties
8.99 **Hormel or Herdez Entrées**

15 Oz., Selected Varieties
6.99 **Hormel Entrées**

2 Lb., 16-20 Ct.
16.99 **Sea Best Argentine Shrimp**

64 Oz.
Selected Varieties
Ocean Spray Juice 2.79

48 Oz.
Selected Varieties
Blue Ribbon Classics Frozen Dairy Dessert 2.99

5-8 Oz.
Selected Varieties
Frito-Lay Lay's Chips or Kettle Chips 2/$5

6.5-8.5 Oz.
Selected Varieties
Frito-Lay Cheetos 2/$8

30 Pk.
Selected Varieties
Busch Light 22.99

24 Pk.
Selected Varieties
Michelob Ultra 22.99

Selected Varieties
Big Grove Tigerhawk 17.99

24 Pk.
Selected Varieties
Coors Light 23.99

PRODUCE FRESH *from the Farm!*

5.49
3 Lb.
Red Grapefruit

2.29 Lb.
Cosmic Crisp, Honeycrisp or Pink Lady
Washington Apples

Red, Anjou, Bartlett or Bosc
Pears 1.79 Lb.

3 Ct., Selected Varieties
Affy Tapple Caramel Apples 4.99

10-12 Oz.,Selected Varieties
Taylor Farms Vegetables or Medleys 2.99

8 Oz., Whole or Sliced
Cremini Mushrooms 2.49

8 Oz., Sugar Snap or Snow
Taylor Farms Peas 3.49

79¢ Ea.
Cucumbers

1 Lb. Bag
Grimmway Baby Carrots 1.29

Gallon, Selected Varieties
Zeigler Apple Cider 6.99

3 Pack
Romaine Hearts 3.99

79¢ Ea.
Hass Avocados

1.49 Lb.
Extra Large Roma Tomatoes

69¢ Lb.
Green Cabbage

2.99
5 Lb. Bag
Best Choice Red or Gold Potatoes

12 Oz., Selected Varieties
Bomb Tomatoes 4.99

5 Lb. Bag
Best Choice Russet Potatoes 2.29

3.99
24 Oz., Selected Varieties
Prairie Farms Cottage Cheese

2/$4
8 Oz., Selected Varieties
Best Choice Cream Cheese

3.99 +DEP
6 Pk./0.5 Liters, Selected Varieties
Coke Products

3/$10
6 Pk./0.5 Liters, Selected Varieties
Pepsi Products

3.99
Selected Varieties
Nancy's Thin Crust Pizza

2/$7
8-12 Ct., Selected Varieties
Village Hearth Hamburger or Hot Dog Buns

8.99
2 Lb., Selected Varieties
Shullsburg Shredded Cheese

2/$4
Selected Varieties
Old Dutch Family Pack Potato Chips

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