Bender's Foods

Deli • Fresh Meat • Produce • Liquor • Cold Beer

www.bendersfoods.com

Find us on: facebook

619 S. Hwy 52 | Guttenberg, IA 52052 | (563)252-1410

Store Hours: 7AM-9 PM • 7 Days a Week



Family Pack
Fresh Ground Chuck
4.99 Lb.



USDA Choice
Boneless Beef Bottom Round Roast
4.99 Lb.

Family Pack
Pork Steak
2.19 Lb.

USDA Choice
Boneless Beef Stew Meat
6.99 Lb.

Whole or Half
Kretschmar Boneless Bavarian Ham
4.49 Lb.



1.88 Lb.
Boston Butt Pork Roast



5.99 Lb.
Selected Varieties
Kentucky Legend Sliced Quartered Boneless Smoked Hams

Frightfully Fresh Produce



1.99
3 lb bag
Dole Idaho Russet Potatoes

2 lb bag
Bunny-Luv Carrots
1.99

1.99
3 lb bag
Medium Yellow Onions

Washington
Honeycrisp Apples
1.49 Lb.

Spooky Favorites & Savings



2/$5
16-24 Oz., Selected Varieties
Ragu Kettle, Pasta or Alfredo Sauce

10 for $10!
12-16 Oz., Selected Varieties
Creamette, Mueller's or San Giorgio Pasta

10 for $10!



7 Oz.
Selected Varieties
Banquet Pot Pies or Fruit Pies



10 for $10!

4.5-6.7 Oz.
Selected Varieties
Chobani Creations, Flips or Protein Yogurt



10 Oz.
Selected Varieties
Rotel Tomatoes
10 for $10!



15-16 Oz.
Selected Varieties
Manwich Sloppy Joe Sauce
10 for $10!



18-19.7 Oz.
Selected Varieties
General Mills Big G Family Size Cereals
2/$8



15.39-24.45 Oz.
Selected Varieties
Red Baron Pizza
3.99

3-DAY SALE

FRI, SAT. & SUN. ONLY
OCTOBER 30-NOVEMBER 1



3.99 Lb.
10 Lb. Tube
80% Lean Ground Beef



2.66
4 Lb.
Best Choice Sugar



2.88
16 Oz., Selected Varieties
Best Choice Butter Quarters



2.99
12 Inch
Selected Varieties
Tombstone Pizza



2/$10
6 Pk./12 Oz. Cans, Selected Varieties
Bubbl'r Sparkling Water



10.99
24 Pk./12 Oz. Cans, Selected Varieties
Coke Products



3/$5
8 Oz., Selected Varieties
Best Choice Shreds or Chunks



4/$3
15 Oz., Selected Varieties
Best Choice Chili or Kidney Beans



2.99
24 Oz.
Village Hearth Cottage White Bread



1.99
16-24 Oz.
Selected Varieties
Ragu Pasta Sauce



10/$10
10-15 Oz.
Selected Varieties
Red Gold Tomatoes or Sloppy Joe Sauce



2/$3
7.5-10.9 Oz.
Selected Varieties
Totino's Party Pizza or Pizza Rolls



1.69
4 Pk., Selected Varieties
Del Monte Fruit Cups



2/$3
8 Oz., Selected Varieties
Borden Cheese Shreds

Not all flavors and/or items available at all locations.

PRICES EFFECTIVE **WEDNESDAY, OCTOBER 28 - TUESDAY, NOVEMBER 3, 2026**

Due to uncertainty from manufacturers across the supply chain we cannot guarantee availability or offer rain checks at this time. Thank you for your understanding.
We reserve the right to limit quantities and correct typographical and pictorial errors. No sales to dealers. Thank you

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PREMIUM QUALITY Meat Selections

Scary Good Deals!



18.4-23 Oz., Selected Varieties
SMITHFIELD MARINATED FRESH PORK TENDERLOINS, PICNICS OR LOIN FILLETS
4.99 Ea.



USDA Choice
BONELESS BEEF BOTTOM ROUND STEAKS
5.99 Lb.



Family Pack
COUNTRY STYLE RIBS
2.39 Lb.



Boneless Skinless Chicken Breasts
1.99 Lb.



USDA Choice
Boneless Beef Cube Steaks
6.49 Lb.



USDA Choice, Family Pack
Boneless Beef New York Strip Steaks
15.99 Lb.



16 Oz.
Selected Varieties
Kentucky Legend Sliced Bacon
3.99 Ea.



4.99 Ea.
19 Oz.
Selected Varieties
Johnsonville Fresh Brats or Italian Sausage Links



2/$7
12-16 Oz.
Selected Varieties
Swaggerty Pork Sausage Rolls, Links, or Patties



4.99 Ea.
10-12 Oz.
Selected Varieties
Nathan's Famous Beef Hot Dogs



4.99 Ea.
15-16 Oz.
Selected Varieties
Oscar Mayer Family Size Deli Shaved Lunch Meats

4.99 18-24.6 Oz., Selected Varieties
Van de Kamp's Frozen Breaded Fish Fillets or Sticks

10/$10 2 Oz., Selected Varieties
Buddig Sliced Turkey or Ham

10/$10 3.8-4 Oz., Selected Varieties
El Monterey Single Serve Burritos

3.99 12-14 Oz., Selected Varieties
Johnsonville Cooked Smoked Brats, Links or Brat Patties

3.99 20-32 Oz., Selected Varieties
Bob Evans Family Size Side Dishes

9.99 34-36 Oz., Selected Varieties
Jimmy Dean Breakfast Sandwiches

6.99 20-29 Oz., Selected Varieties
Tyson Breaded Chicken

3.99 13.35-16 Oz., Selected Varieties
State Fair Corn Dogs

4.99 19.2-20 Oz., Selected Varieties
Delimex Taquitos

1.3-1.9 Oz., Selected Varieties
OSCAR MAYER VALUE SIZE LUNCHABLES **4/$5**

15-16 Oz., Selected Varieties
CURLY'S BBQ TUBS **4.99**

24 Oz.
CURLY'S BBQ RIBS **12.99**

8-16 Oz, Selected Varieties
JOHN MORRELL BRAUNSCHWEIGER, DICED OR CUBED HAM OR SMITHFIELD HAM STEAKS **2.99**

6 Lb.
HOLTEN QUARTER POUND BEEF PATTIES **29.99**

18-26 Oz., Selected Varieties
ROSINA MEATBALLS **6.99**

12 Oz., Selected Varieties
BAR-S MEAT FRANKS **3/$4**

2 Lb., 16-20 Ct.
SEA BEST ARGENTINE SHRIMP **16.99**

FRI., SAT., & SUN. ONLY!

6.99 24 Oz., Selected Varieties
Wright Brand Bacon

3.99 40 Oz.
Tyson Individually Fresh Frozen Chicken Wings

2.99 27 Oz.
Smoky Farms Frozen Sausage Patties

PRODUCE FRESH from the Farm



2.29
9-12 Oz., Selected Varieties
Fresh Express Salads



2.99
10-12 Oz., Selected Varieties
Taylor Farms Vegetables

3.49
8 Oz.
Taylor Farms Peas



69¢
Hass Avocados



3.49
8 Oz., Selected Varieties
Healthy Harvest Pineapple, Watermelon, or Cantaloupe Chunks



3.99
5 Oz., Selected Varieties
Earthbound Farm Organic Salads



3.99
2 lb bag
Hass Avocados



2.79 lb.
Seedless Grapes



16 Oz., Selected Varieties **POM Wonderful Juice**	**3.99**	**Green Cabbage**	**69¢** lb.	15 Oz., Selected Varieties **Yo Quiero Guacamole & Salsa**	**3.49**
Hot House Tomatoes	**1.79** lb.	1 lb., Selected Varieties **The Little Potato Company**	**3.29**	3-3.3 Oz, Selected Varieties **Harvest Snaps**	**2.19**
Red, Yellow or Orange **Hot House Bell Peppers**	**1.29** Ea.	Selected Varieties **Fall Squash**	**79¢** lb.	2.5 Oz., Selected Varieties **Apple Chips**	**1.99**

6.5-14.42 Oz., Selected Varieties
Frito-Lay Cheetos, Doritos or Tostitos Tortilla Chips **2/$8**

7.61-11.26 Oz., Selected Varieties
Sunbelt Granola Bar Family Packs **2.99**

46-48 Oz. or 6-9 Ct., Selected Varieties
Blue Bunny Ice Cream Cones, Sandwiches, or Bars **2.99**

6-10 Ct., Selected Varieties
Trolli Pops, Butterfinger, Baby Ruth, or 100 Grand Ice Cream Bars **3.99**

14 Oz., Selected Varieties
Baskin-Robbins Ice Cream **2/$7**

3.99
24 Oz. or 6 Ct., Selected Varieties
Village Hearth Cottage White Bread or Bubba Bagels



5.99
Family Pack
Italia String Cheese





11.99
24 Pk./12 Oz. Cans, Selected Varieties
Coke Products



2/$5
16 Oz., Selected Varieties
Prairie Farms Sour Cream or Dip



4/$5
28 Oz., Selected Varieties
Powerade Sports Drinks



11.99
24 Pk./12 Oz. Cans, Selected Varieties
Pepsi Products



1.99
2 Liter Bottle
Selected Varieties
Pepsi Products



20.99
24 Pk./12 Oz. Cans
Busch Light



22.99
24 Pk./12 Oz. Cans
Michelob Ultra



10.99
4 Pk./12 Oz. Cans, Selected Varieties
Cutwater Drinks



5/$25
12 Inch, Selected Varieties
Brew Pub Lotzza Motzza



2/$6
Pre-Price 4.99, Selected Varieties
Old Dutch Pretzels or Puffcorn

WE RESERVE THE RIGHT TO LIMIT QUANTITIES AND CORRECT TYPOGRAPHICAL AND PICTORIAL ERRORS. NO SALES TO DEALERS. THANK YOU.

10 for $10! Mix or Match!

*On Participating Items. Some exclusions may apply.



10 for $10!
2.54-4 Oz., Selected Varieties
Nissin or Top Ramen Chow Mein or Noodle Cups

10 for $10!
3.31-4.11 Oz., Selected Varieties
Maruchan Yakisoba Ramen or Bowls

10 for $10!
5 Oz.
Selected Varieties
Mrs. Cubbison's Croutons



10 for $10!
8-10 Ct.
Selected Varieties
Wyler's on the Go Drink Singles



10 for $10!
7.25-7.5 Oz.
Selected Varieties
Chef Boyardee Microwave Cups



10 for $10!
2.5-5 Oz.
Selected Varieties
Chicken of the Sea Chunk Light Tuna or Pouches



10 for $10!
.85-1 Oz.
Selected Varieties
Old El Paso Seasoning Mix



10 for $10!
7-7.6 Oz.
Selected Varieties
Martha White Pouch Muffin Mix



10 for $10!
1 Pk.
Selected Varieties
Hot Pockets Sandwiches



10 for $10!
14.5-15.25 Oz.
Selected Varieties
Best Choice Vegetables



10 for $10!
1.08-2.17 Oz.
Selected Varieties
Mars Single Standard Candy Bars



10 for $10!
3-5.5 Oz., Selected Varieties
Ferrara Theater Box Candy



2/$9.98
Must Buy 2
9.9-11 Oz., Selected Varieties
Maxwell House Ground Coffee
Quantities Less Than 2 Are $7.99 Ea.



1.49
5 Oz.
StarKist Chunk White Albacore Tuna

1.49
10 Oz.
Selected Varieties
Vlasic Relish

3.99
17.3 Oz.
Selected Varieties
Ben's Original Family Size Rice

2.99
6-8 Ct., Selected Varieties
Swiss Miss Hot Cocoa Mix

64 Oz. or 8 Ct.
Selected Varieties
Juicy Juice 2.99

DON'T MISS Deals!



12-15 Oz.
Selected Varieties
Kraft Miracle Whip 3.99



12-15 Oz., Selected Varieties
Kraft Mayonnaise 2.99

SAVE ON Home & Pet



2.1 Oz.
Selected Varieties
Friskies Party Mix Cat Treats
10 for $10!



3.5 Oz.
Selected Varieties
Cesar Wet Dog Food
10 for $10!



3 Oz.
Selected Varieties
Fancy Feast Wet Cat Food
10 for $10!



2.64 Oz.
Selected Varieties
Sheba Wet Cat Food
10 for $10!



20 Lb.
Selected Varieties
Tidy Cats Cat Litter 10.99



12 Rl., Selected Varieties
Quilted Northern Bath Tissue 13.99



2-6 Rl., Selected Varieties
Charmin or Bounty Bath Tissue or Paper Towels 7.99



56-57.6 Oz.
Selected Varieties
Xtra Laundry Detergent 2.69

WE RESERVE THE RIGHT TO LIMIT QUANTITIES AND CORRECT TYPOGRAPHICAL AND PICTORIAL ERRORS. NO SALES TO DEALERS. THANK YOU.

BIG FLAVOR, *Made Easy*



15 Oz.
Selected Varieties
Wolf Chili with Beans

1.69



15 Oz.
Selected Varieties
Wolf No Bean Chili

2.29



5.99

76 Oz.
Selected Varieties
Simply Orange Juice



2.79

18 Oz.
Selected Varieties
Country Bob's BBQ Sauce



18 Oz.
Selected Varieties
Country Bob's Marinade or Wing Sauce

3.49



5.4-8 Oz.
Selected Varieties
Country Bob's Season Salt or Cajun Seasoning

2.99



1.76 Oz.
Nescafe Coffee Clasico

3.79

FAMILY FAVORITES *For Less*

1.49

2.5-5 Oz.
Selected Varieties
Chicken of the Sea Chunk White Tuna or Salmon Pouches





1.49

15 Oz.
Veg-All Mixed Vegetables



3.99

16 Oz.
Selected Varieties
2 Sisters Salsa



6.99

16 Oz. or 21 Ct.
Selected Varieties
Finish or Jet Dry Dish Detergent

WE RESERVE THE RIGHT TO LIMIT QUANTITIES AND CORRECT TYPOGRAPHICAL AND PICTORIAL ERRORS. NO SALES TO DEALERS. THANK YOU.

EVERYDAY FAVORITES & *Everyday Value*



3.99

12 Oz.
Kraft Aioli



2/$4

2-2.3 Oz.
Selected Varieties
Hamburger Helper Microwave Cups



1.49

2.6-4.5 Oz.
Selected Varieties
StarKist Pouches, Bowls, Lunch to Go or Creations



2.69

4 Oz.
Selected Varieties
Thinsters Cookies



2.99

8 Oz.
Selected Varieties
Heinz Dipping Sauce



1.99

1.15 Oz.
Selected Varieties
Chomps Meat Sticks



2.49

64 Oz.
Selected Varieties
Capri-Sun Juice



3.49

14 Oz.
Sharp Cheddar
Cracker Barrel Macaroni & Cheese Dinners



3.99

10-15 Oz.
Selected Varieties
Juanita's Stone Ground Tortilla Chips



1.49

13.5 Oz.
Popeye's Spinach



3/$4

15.5-16 Oz.
Selected Varieties
Bush's Chili Beans



4/$5

1-1.25 Oz.
Selected Varieties
McCormick Chili Seasoning



2.99

3.65 Oz.
Carroll Shelby's Chili Kits



3.29

40 Oz.
Jiffy Baking Mix



2.79

64 Oz.
Selected Varieties
Old Orchard Juice

ESSENTIALS FOR *Less*



15.98

16 Lb., Selected Varieties
Friskies Dry Cat Food



3.49

4.5 Oz., Selected Varieties
Milk-Bone Dog Treats



9.99

25 Oz., Selected Varieties
Beggin' Strips Dog Treats

4 Ct., Selected Varieties
9Lives Wet Cat Food **2.99**



4.99

2.5-3.15 Lb., Selected Varieties
9Lives Dry Cat Food



22.99

13 Lb., Selected Varieties
Rachael Ray Nutrish Dry Dog Food



16.99

18.5 Lb., Selected Varieties
Dog Chow Complete Dry Dog Food



21.9 Oz.
Selected Varieties
Old Spice Shampoo or Conditioner

8.99



26.2 Oz.
Selected Varieties
Aussie Hair Care

7.99



5.4 Oz.
Selected Varieties
Crest Toothpaste

3.99

Best Choice® BETTER VALUE STARTS WITH *Best Choice*



6 Pk.
Selected Varieties
Best Choice Apple Sauce

2.49



1.99

16 Oz.
Selected Varieties
Best Choice Peanut Butter



2.99

4 Lb.
Selected Varieties
Best Choice Sugar



2.49

6-8 Ct. or 16 Oz.
Selected Varieties
Best Choice Garlic Bread or Rolls



2.49

10-12 Oz.
Selected Varieties
Best Choice Pie Crust



2.29

12.3-16.5 Oz.
Selected Varieties
Best Choice Pancakes or Waffles



2/$3

16 Oz.
Selected Varieties
Best Choice Frozen Vegetables



10.99

22.6-30.5 Oz.
Selected Varieties
Best Choice Coffee



3.99

10.2-22 Oz.
Selected Varieties
Best Choice Coffee Creamer



3.99

24 Pk./10 Oz. Bottles
Best Choice Water



1.99

5 Oz.
Selected Varieties
Best Choice Pork Skins



1.99

8 Oz.
Selected Varieties
Best Choice Cream Cheese



3.19

16 Oz.
Selected Varieties
Best Choice Butter

WE RESERVE THE RIGHT TO LIMIT QUANTITIES AND CORRECT TYPOGRAPHICAL AND PICTORIAL ERRORS. NO SALES TO DEALERS. THANK YOU.

DON'T MISS OUT ON THESE *Great Savings!*



2.99
10.3-13 Oz.
Selected Varieties
Quaker Cap'n Crunch or Life Cereal

4.99
42 Oz.
Selected Varieties
Quaker Old Fashioned and Quick Oats

3.49
9-17 Oz.
Selected Varieties
Nabisco Premium Crackers



4.49
11-14.4 Oz.
Selected Varieties
Nabisco Honey Maid Graham Crackers or Nilla Wafers



5.99
12 Ct.
Selected Varieties
Pringles Snack Stacks



3.99
6 Ct.
Selected Varieties
Jolly Time Popcorn



3.89
8 Pk.
Selected Varieties
Bubly Water



15 Oz.
Selected Varieties
Famous Dave's Cornbread Mix
2/$5



12.99
128 Oz.
Selected Varieties
Wesson Oil



3.99
24 Oz.
Selected Varieties
Log Cabin Pancake Syrup





2/$3
15.25-18.3 Oz.
Selected Varieties
Duncan Hines Classic Cake or Brownie Mix



1.79
14-16 Oz.
Selected Varieties
Duncan Hines Frosting

2.99
10 Oz.
Sun-Maid Raisins

DAIRY & *Frozen*



2.49
8-16.3 Oz., Selected Varieties
Pillsbury Grands! Biscuits, Crescents or Cinnamon Rolls



3.49
14-50 Oz., Selected Varieties
CoffeeMate Creamer, Iced Coffee or Cold Foam



2.99
12 Oz., Selected Varieties
Velveeta Slices



4.49
59 Oz.
Selected Varieties
Minute Maid Orange Juice



2/$5
16 Oz.
Selected Varieties
Yoplait Go-GURT



1.99
2.25-3 Oz., Selected Varieties
Just Crack An Egg or Oscar Mayer Scramblers



2.49
52 Oz.
Selected Varieties
Gold Peak Tea or Minute Maid Zero



3.79
59 Oz.
Selected Varieties
Welch's Refrigerated Cocktail Juice



2.99
20 Oz.
Selected Varieties
Simply Potatoes



5.99
14.3-22 Oz.
Selected Varieties
Farm Rich Frozen Appetizers



2/$3
4.85-8 Oz.
Selected Varieties
Banquet Basics Dinners



6.49-10.25 Oz.
Selected Varieties
Smart Ones Frozen Entrees
1.50
When You Buy 4
Quantities Less Than 4 Are $2.49 Ea.



8.65-8.8 Oz.
Selected Varieties
Kid Cuisine Dinners
2.99



21 Oz.
Selected Varieties
Birds Eye Voila Beef, Shrimp, Chicken
4.99



9-13 Oz., Selected Varieties
SuperPretzel Frozen Pretzels, Mini Pretzels, or Pretzel Stix
2.99



12-13 Oz., Selected Varieties
Birds Eye Premium Vegetables and Blends
4.49



5 Oz.
Jose Ole Chimichangas
1.29



8-11.6 Oz., Selected Varieties
TGI Friday's Frozen Appetizers
3.49

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